

Connections

RiverVillage Dedication Honors Jack Spillane and the Late Elva Walker Spillane



Jack Spillane, daughter-in-law Debra Spillane (R) and family friend Beth Howard (L) at the dedication event.

The RiverVillage patio and outdoor garden area was dedicated May 3 in honor of Minneapolis businessman Jack Spillane and his late wife, Elva Walker Spillane, a national pioneer in aging services and a successful businesswoman.

"We are grateful for the Spillane family's friendship, guidance, and generosity. Their major gift marked a new evolution in philanthropy at Catholic Eldercare," said Joseph Strauss, chairman of Catholic Eldercare's board development committee. "Jack, your altruism helps to strengthen our community partnership as we address the important life needs of elders. We are proud of you and Elva, for the wise counsel, the community leadership, and the financial support that we know is from the heart," Strauss concluded.

"I am so pleased to have this beautiful outdoor area dedicated to honor Elva and me," Spillane said. "Important work is being done by Catholic Eldercare to address the growing need for affordable elder housing. This is an important issue; the population is aging and it's coming up fast. I'm proud to be able to support them in this vital work," he said to the guests.

The Spillane family is the founding donor for the *Jack and Elva Walker Spillane Matching Gift Fund*, which supports the capital fund drive. The Spillanes first became acquainted with Catholic

Eldercare through friendships with President Mary Broderick and Board Chair and Founder Al Hofstede.

When President Lyndon Johnson signed the Older Americans Act in 1965 in a Rose Garden ceremony, it was Elva who was given his pen. That legislation represented an historic step towards improving the lives of older people in areas of income, housing, health, employment, retirement and community services.

A nurse by training, Elva began consulting early in her career, becoming an expert in the field of aging. She was a frequent delegate to the White House Conference on Aging and met five U.S. Presidents during her lifetime.

Elva, who died in November 2001 at the age of 87, founded many health and aging services organizations and served as Board Chair for the National Council On The Aging from 1986 until 1992.

In 2000 Elva was awarded St. Catherine's Alexandrine Medal for her lifetime of commitment and achievements in health care.

"Elva Walker was a great leader, a savvy businesswoman, and a wonderful friend. She made many important contributions to the



field of aging. Today, we again honor Jack and his family for their generosity which truly honors Elva's legacy," said Catholic Eldercare President Mary Broderick.

WALKER SPILLANE

Leadership

Dear friends,

Our spring issue of *Connections* celebrates the quality life elders enjoy at our Catholic Eldercare residences, and the growing recognition we are receiving for our approach and care model.

In this issue of *Connections* you will read about the growing interest in our innovative approach to serving elders. We'll visit with a MainStreet Lodge resident who has discovered new creative talents in his leisure years since retirement.

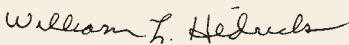
You will meet two members of the League of Catholic Women who are celebrating more than two years of volunteerism with us. And what they have to say will warm your heart.

We have dedicated a lovely area at RiverVillage to honor two of our strongest supporters, Jack Spillane and his late wife, Elva Walker Spillane, a nationally recognized aging advocate.

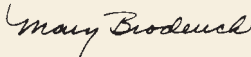
Please be sure to visit www.catholiceldercare.org to explore the new comprehensive, user-friendly donation section. We believe we now offer our supporters one of the very best donor resources available.

We are so grateful for the ever-widening circle of supporters who recognize our shared responsibility to provide dignified, quality care and housing for our community's elders. Your partnership is vital in sustaining the quality care and programming we offer them.

Sincerely,



William Hedrick, MD
Board Chair



Mary Broderick
President & CEO



William Hedrick, MD
Board Chair



Mary Broderick
President & CEO

Excellence

Winning Grades in Home Health Care Survey

Catholic Eldercare's respected *Home Health Care Program* is the picture of health, according to the annual survey conducted by the Minnesota Department of Health.

After reviewing the home health program at RiverVillage, MainStreet

Lodge and St. Therese Southwest, the survey team assigned perfect scores for resident care, employee training and accuracy in maintaining client medical charts.

"We're really happy about the survey; it was just excellent," said

Director of Housing Janet Carlson, "especially since the inspection process included interviews with residents, and inspector observations of home health aides and nurses as they went about their duties."

RiverVillage, A Good Neighbor

RiverVillage was honored March 15 with a *Good Neighbor Award* given by third precinct Minneapolis City Council member Don Samuels. Samuels recognized the newest Eldercare campus as a positive presence in the Marshall Terrace neighborhood of Northeast Minneapolis. The award was presented to Director of Housing Janet Carlson and RiverVillage North Manager Robin Haenze.

Janet Carlson and Robin Haenze



CE Assists with University of Minnesota Care Study

"Its exciting to know that information gained from this study may improve the quality of life for every senior citizen."

Carla Frantz, RN
Director of Nursing



Catholic Eldercare is partnering with the University of Minnesota for a medical study that may dramatically improve the quality of life for all older adults.

The study centers around one of the main reasons elders often need a nursing home residence—urinary incontinence. Now, cutting-edge research is getting underway to explore possible ways to change that uncomfortable reality and help elders stay in their own homes longer.

"The inability to control urine is one of the most unpleasant and distressing symptoms an individual can suffer," said Catholic Eldercare's Director of Nursing Carla Frantz, RN. "Incontinence is often associated with other medical problems, such as

falls, bone fractures, pressure ulcers, urinary tract infections and depression. It is also often a cause of social isolation."

But researchers at the university believe that urinary incontinence need not be a normal, unpleasant, consequence of aging. The university approached Catholic Eldercare and a group of interested resident volunteers to explore whether certain medications can be helpful in the ongoing treatment of incontinence.

"It has been exciting for residents and staff to be part of this process," Frantz said. "Its exciting to know that information gained from this study may improve the quality of life for every senior citizen."

The Art of Faith

Religion and spirituality took center stage for the 5th Annual Juried Religious Art Show held at MainStreet Lodge in Northeast Minneapolis during March. Catholic Eldercare and the Northeast Minneapolis Ministerial Association were among the sponsors for the event. Many of the beautiful artistic works end up in private, church or seminary collections.

Nicholas Legeros' sculpture "CRUCIFIX" was recognized with the Artists' Choice Award.

St. Paul artist Chilon Leach received an Honorable Mention for her work "Brink of Forgiveness," a charcoal and pastel on paper.

Three jurors, Dean Trisko, Joan Bohlig and John Salvesson, evaluated the artistic creations.

Photos courtesy N.P. Helle, NE Minneapolis Artists Concierge Service



A Humble Artist Sees the World Through Stained Glass

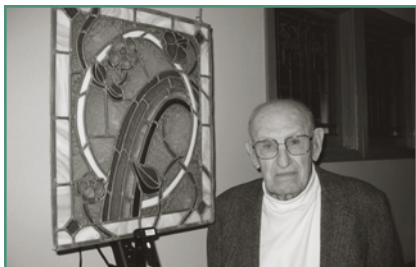
"Vitality shows not only in the ability to persist, but in the ability to start over."

F. Scott Fitzgerald, American writer

One is never too old to discover new gifts, as MainStreet Lodge resident Henry Hudoba discovered.

First, a look back to yesteryear. Henry has spent his entire life in Northeast Minneapolis. He graduated 8th grade in 1929, and started learning a trade immediately to help support his family. "I graduated on a Sunday and started studying welding the next day," he says with pride. "My mother told me it was time to help support the family."

Henry was sixteen.



Henry Hudoba's stained glass art was displayed at RiverVillage for an art showing.

It wasn't long before the Great Depression hit: jobs were lost so Henry seized the opportunity to complete high school. Later, he married his wife, Pearl, and they raised five children in Northeast Minneapolis during the 1940s and 1950s.

By his own admission, the closest Henry ever got to a creative endeavor was wielding his welder's torch. That is until his retirement 27 years ago. "I didn't know what to do with myself, so I talked to Sue Shasky, his daughter) and she suggested stained glass." Henry went along with the idea, spending long hours studying with a stained glass artist in St. Paul. He quickly discovered a real love for taking the fragile glass and creating beautiful, delicate art. With a few turns of the glass cutter and some delicate lines of solder connecting all of the pieces together, the art came alive. He's created many designs, including several nativity



Henry works in his stained glass workshop at MainStreet Lodge.

sets that are treasured family heirlooms. "I'd go down to the basement most afternoons to work and lose all track of time. Many times I'd go back after dinner and work until midnight," Henry tells a visitor.

He designed a beautiful window for Sue's house, and launched into other projects based on designs or photos he would find in magazines.

When Pearl succumbed to a heart attack in 1999, after 63 years of marriage, Henry suddenly found himself alone in the big family homestead that Pearl's father had built. "There was just too much work to keep up such a large house. I was doing all the dishes at seven in the evening, and that wasn't for me," he says with a chuckle.

Henry moved to MainStreet Lodge in the summer of 2002. He'd heard plenty of good things about the place. It seemed like a good fit; family was never far away.

Here was a place where he could live comfortably, have his meals prepared, and still pursue his interests. "They do everything for me. I have lots of fun and zero complaints," he says with a laugh.

And best of all, he's able to maintain a stained glass workshop in a corner of the basement. "Janet Carlson (Director of Assisted Living) was so kind to let me work here. She told me that she'd find a place for me to do my work, and she did," he says with gratitude in his voice.

And here he works most days, tracing designs, cutting, and soldering, bringing new life to the colorful panes of glass.

Henry was so accomplished with his stained glass, daughter Sue and son John planned a showing of his work at the RiverVillage Galleria art gallery. Best of all, it was a complete surprise. When Henry, a humble man, showed up as the guest of honor, he was speechless. "It just took me completely by surprise. I can't get used to all this attention," he says. "I still can't get over it. It was great for the kids to do it for me."

The art showing was one more example of the wonderful talents found among the elders who live at Catholic Eldercare residences. Like Henry, they continually discover that living a fulfilling life is possible at any age, and that you're never too old to discover new interests.

"I love it here. I have lots of friends, and I'm still in Northeast," Henry says, his eyes glistening with emotion.



Henry's popular stained glass nativity set captured attention at a RiverVillage art showing.

League of Catholic Women Volunteers Enjoy Elder Life Stories

"Everyone is constantly growing here – in a positive way." —Mary Ritten, volunteer

Mary Ritten and Phyllis Cavanagh, both members of the League of Catholic Women, started volunteering at Catholic Eldercare more than two years ago.

"I had not been here before and wanted to know about the place I might end up living," Mary says with a laugh. She's only been inside a handful of nursing homes or senior housing residences, and many of the memories were not good ones, she admits. But Mary has found Eldercare to be a remarkable place that she loves to visit. "I'm really impressed with their philosophy of living fully, and they're very respectful of elders and respond to them. Everyone is growing older here, but in a positive way," she adds, noting the art classes and other programs designed to keep elders engaged.

After she started volunteering, Mary says she quickly noticed the real love and friendship that exists among the residents and staff. "People are so nice to each other. And they're not complaining about ailments. You'll always hear from someone about how blessed they feel being able to do this or that. The focus is on the positive."

Phyllis Cavanagh, a retired school teacher, says she enjoys befriending the elders and hearing about their lives. "They're all very loving with each other and I find that very touching," she says. "We like that they think we're special, too. We always begin and end our visits with a prayer."

Phyllis, who had a sister in a nursing home out of state, was troubled by that personal experience. "But when I came to Catholic Eldercare, I just could not believe the night and day difference. I'm in awe of this place."

Capturing Elder Stories

Last December, Mary and Phyllis asked several residents to recall a special childhood Christmas. Here is a sampling:

"We didn't get much for Christmas because we didn't have much money. One particular Christmas we got things we needed, and I didn't expect anything else. But then my brother said 'Oh, there's something behind the tree here,' and he

brings the gift out. I was probably seven. And out of the box comes this huge teddy bear, and I just burst into tears because I didn't expect this. I looked around at the faces of my brothers and sisters, and the love in those faces was beautiful. I will never forget how I felt so loved. I kept that teddy bear until I was in college."

"My memory goes way back before electricity. We had a Christmas tree that my aunt, who lived with us, decorated with real candles. She started to light the candles from the bottom instead of the top, and when she was reaching up to light the top ones, her dress caught on fire. We had to throw her on the floor and roll her around to get the fire out. I will never forget that."

"I remember people coming to our house on Christmas Eve. We opened the door and they were singing Christmas carols. They also threw nuts to us for good luck."

"In Poland at Christmas, we placed stocks of grain in each corner of the dining room and said a prayer for plenty in the year to come. We'd have Oplatek, an unleavened wafer which was stamped with scenes of the nativity. Each person breaks off a piece and eats it to symbolize the family's unity with Christ. A vacant chair was left

at the table for the Holy child."

"During Christmastime in Lithuania, our tree decorations were made of straw. Mother would make a 12-course dinner which included mushrooms, fish, chicken and goose, meat dumplings and poppy seed loaf."

The League of Catholic Women volunteers will continue their elders visits and discussions throughout the year. One proposal is to have elders discuss their own funeral liturgies. How would they like to be remembered? What music choices would they like? "Having someone select the adjectives that will be used to describe them in life will help them bring an intimate, vital involvement to their passing, too," Phyllis said.

The volunteers like to point out that the League of Catholic Women was established in 1911 to offer safe housing for single working women and immigrants in the community.

"Now," Mary proudly points out, "the tradition continues. We're working with a new wave of immigrants who also share our desire to have safe, dignified housing for our community's older citizens."

"We like it here," says Phyllis.



Phyllis Cavanagh and Mary Ritten

PARTNERSHIP WITH CATHOLIC CHARITIES BENEFITS ALL

Social worker Kathleen Hendren, LSW, maintains her cozy, efficient office at Catholic Eldercare's RiverVillage campus, but she works for Catholic Charities, assisting older adults in Hennepin, Ramsey and Anoka counties.

Kathleen is the human face for an innovative partnership that is enabling Catholic Eldercare and Catholic Charities to better serve seniors.

Kathleen works for the *Care Management Program*, which has served older adults in Ramsey County for decades. In 2003, the program expanded to Hennepin County and the search was on for office space. "At the same time, Catholic Eldercare was looking for additional social worker support. I needed an office, so here I am," she says with a smile.

Kathleen provides care management to help seniors maintain a safe, independent lifestyle for as long as possible. Most of her work entails helping connect them with transportation, medical care and other community resources.

"This partnership is so wonderful because I can be in Minneapolis where the need is great, and I work at RiverVillage near many of my clients," Kathleen says. "This collaboration strengthens our community's safety net for older adults," she says, noting the importance of good resource coordination for seniors as the aging baby boom generation prepares to retire, beginning in 2008.

And, as is so often the case with Catholic Eldercare staff, volunteers, residents, families, and supporters, they never stray far from Northeast Minneapolis. Kathleen grew up in the area and attended the St. Anthony of Padua girl's school, which later became the Catholic Eldercare on Main nursing home and offices in the early 1980s.

"I love it here. It doesn't even seem like work to me," she says.



Kathleen Hendren

Catholic Eldercare Residential Communities

Catholic Eldercare on Main — Minneapolis: The 150-bed skilled-nursing residence, with dedicated memory care floor, was established in 1982 to meet a serious need for senior housing. Located at 817 Main Street NE in Minneapolis, the nursing home is physically connected to St. Anthony of Padua church for ease of worship and socialization opportunities. Residents enjoy a rich variety of daily programming, including the acclaimed *Creativity & Spirituality Program* that helps elders explore and discover creative avocations.

MainStreet Lodge — Minneapolis: This residence includes 53 assisted-living and respite units in an atmosphere reminiscent of a northwoods lodge. The facility, located at 909 Main Street NE in Minneapolis, was opened in 1994 to provide an assisted-living option for elders seeking housing at the adjacent Catholic Eldercare on Main. Tenants enjoy fulfilling activities and programs to keep them engaged and connected.

RiverVillage — Minneapolis: Groundbreaking was held during fall 2002 for this innovative and inviting 107-unit independent- and assisted-living residence, located adjacent to St. Hedwig's parish. RiverVillage is praised by community leaders as an ideal model for providing affordable assisted-living services to low and moderate income elders. RiverVillage effectively integrates elders with the neighborhood for fun, engaging socialization opportunities. RiverVillage East (assisted-living, memory care) and RiverVillage North (independent-living) are located at 2919 - 2921 Randolph Street NE, in Minneapolis.



Adult Day program — Minneapolis: This program offers care and programming for the isolated elder who may require modest assistance during weekdays when a spouse or other loved ones are unavailable to help with their care. The program also offers a respite for family caregivers who may find it increasingly challenging to care for an elder seven days a week. The program is affordable and flexible, so participants may attend as frequently as they wish. In many cases, financial assistance is available and transportation can be arranged, too. Located at 817 Main Street NE in Minneapolis.

Pope John Paul II's Lessons for an Aging Society

By Mary Broderick and Dan Lindh

Pope John Paul II publicly shared the last stages of his earthly life with the world, leaving an indelible example for all of us, regardless of faith. The harsh realities, soul-stirring challenges and the ultimate spiritual beauty of frail old age, exposed so movingly by the Pope, were set before the world community as an example of courage and acceptance, while living right to the end. His life, center stage in those final days and hours, is an apt metaphor for all elders and those who care for them.

The world witnessed the Pope's growing inability first to walk and then to stand. Before our eyes, he lost his capacity to move freely on his own.

Every day nursing home staff aid our older adults whose muscles, joints, and nerves no longer function as they once did. Lifting, transferring, pushing wheelchairs, guiding walkers, providing physical and occupational therapy — this is the hard physical work of nursing home staff as they support frail bodies.

Who can forget the image of Pope John Paul II at his window, struggling to say the words of his traditional Easter blessing; or the earlier news of his tracheotomy which made it difficult for him to speak. Ironically, one of history's most powerful communicators had lost most of his ability to speak.

Every moment of the day, nursing home staff help elders give voice to important messages, wishes, and ideas that can no longer be easily articulated. Every day, staff accept and affirm our senior members as old age forces adjustments in living, in new ways. The gifts of the younger years are gone — the once beautiful face distorted by a stroke; the sharp-as-a-tack mind that can no longer add or read; the sure and steady hand now trembling.

Who was not moved by Pope John Paul II's engagement with life to the very end? It gave us a sense of affirmation, that as our strength and mental clarity ebb, let's live as fully as he did until the last mortal breath. Of course, not so apparent to us were his caregivers who, behind the scenes, made it possible for him to be so involved and engaged right to the end. Likewise, our senior care staff are the reason elderly residents can continue to participate in life as physical and cognitive infirmities increase. Quality senior care enables elders to live life fully to the end. And, behind the scenes, a

complex support system of care, activities and social interactions are needed.

Modest support makes it possible for a frail person to go to worship services, participate in music or art classes, exercise, or go out for dinner with family. Intergenerational involvement in frail old age is a team effort.

Who did not feel heartache as we saw the poignant evening shot of the Pope's two lighted apartment windows and heard those somber reports of his deteriorating condition. We knew that behind those windows his body and spirit were preparing for transformation, and we prayed that any suffering would soon be over. We imagined his close friends surrounding him, praying with him and comforting him.

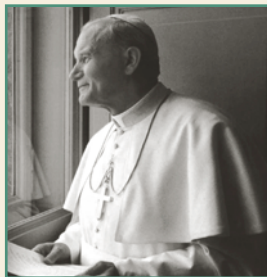
For eldercare staff, the journey from this world to the next is familiar ground. When our older community members approach death, the staff bring physical comforts — soothing baths, fresh sheets, ice chips, massages. In comforting the spirit, they facilitate prayer and final rites to help the elder adjust to this unique and final life experience. They encourage the family's expression of love in those final bedside talks. Often, they sing with families, hold a hand, comfort a crying loved one. Throughout the dying process, staff members provide a watchful, respectful and caring presence.

Who can forget the first shock of seeing a once vital and energetic Pope John Paul II dead before us on his bier, that irrepressible vitality now absolutely departed. The once active skier and hiker now gracefully reposed in a final goodbye.

Every day, these similar moments, unfolding in communities large and small, are indelibly etched upon families, precious experiences that seem too much to comprehend. We stand in shock, remembering and grieving, seeking comfort in shared memories across a lifetime.

At Pope John Paul II's funeral, who was not struck when the Israeli prime minister shook hands with the Iranian prime minister and greeted him in the Farsi language — two men who once were students together but who now represent countries hostile to each other. Grace and reconciliation emerged on the world stage, if only for a moment.

As older family members transition from life to death, nursing home staff regularly witness and often facilitate the healing of



family rifts that may be decades long. When a loved elder is leaving earthly form, family members develop a profound clarity about the relative unimportance of enmities in the vastness of eternity. Nursing home staff encourage these deathbed healings and celebrate them when they appear.

Who among us does not vividly remember the Pope's impact in our world — his ability to galvanize people across cultures, to serve as a voice for the oppressed, his ability to reach out to young people, and his role in the downfall of communism.

Nursing home staff members likewise possess resonant memories of those who have lived and died in their care. Memories of residents become a part of the fabric of our nursing home communities. Not a day passes when nursing staff do not recall departed residents, someone gentle, someone funny, someone strong, someone who defended our freedoms or survived the Great Depression.

The final days and weeks of John Paul II's life were shared with the world he helped pastor. He lived a remarkable example of grace and dignity, of living a vital, fulfilling life to the best of his abilities, right to the end.

In death, as in life, the Pope served as a shining example for all — living life fully, being nurtured by faith, and extending the values of Christian love to help others. His lesson shows us that by helping our oldest members live life fully and with dignity, we help make life better for all of us.

Mary Broderick is the President & CEO of Catholic Eldercare. Dan Lindh is the President and CEO of Presbyterian Homes and Services.

The excellent care and services Catholic Eldercare brings to the community's elders is possible through the generosity of many supporters. We acknowledge their friendship, support, and ongoing commitment.

These gifts represent gifts and pledges from October 1, 2004 through April 30, 2005.

Every effort is made to ensure accuracy. If you see an error or omission, please contact the Office of Development at (612) 379-1370.

Generous Friends

Annual Fund

Mr. Bruce A. Abfalter
Howard and Lorraine Agee
Michael J. Allen
Anonymous (3)
Gwendolyn K. Anderson
The Family of M. Louise Anderson
Thomas R. Anderson and Mary Jo Rolek
Jean K. Andrews
Aspen Waste Systems, Inc.
Avidigm Capital Group Inc.
Mr. and Mrs. Gordon J. Bailey
Anthony M. Baldwin
Peter and Joan Bednarczyk
Clarence W. Bennek
Ms. Sue Bennett
Lennis G. Benrud
Rita and Dick Berens
Stephen and Alice Berestka
Yvonne M. Beseler
Stuart Bestul
Clarence and Caroline Birk
Mr. and Mrs. Jeff S. Bisson
Leslie and Karen Bisson
Mary Ann Blade and Richard L. Blade
Sr. Wilma Bolduc, CSJ
Books Are Fun, Ltd.
Frances Brama
Dr. John C. Buchanan, Ph. D. and
Mrs. Joan A. Buchanan
Genevieve D. Burke
William and Mary Kate Burns
Dr. and Mrs. William J. Byrne
Helen K. Capra
Janet M. Carlson
Charlotte Casey
Joseph and Patricia Casserly
Grace Cavanagh
Therese Chlebeck
J. Choromanski Foundation
Christ the King Church Council
of Catholic Women
Sister Marguerite Churilla
Karl and Tom Cierzan
Kevin and Linda Collins
John and Veronica Commers
Barbara and Richard Curtis
Gloria A. and Walter C. Czerepak
Mr. and Mrs. John W. Dady
Jon and Nancy Dahlin
Adolph and Helen Daleki
Meredith Anne Dasburg Foundation
Arthur F. Davis
Degree of Honor P.W.E. 15
Ronald and Maxine Dehn
Louis G. DeMars

Gregory and Lucy Des Lauriers
Mr. and Mrs. Robert J. Devereaux
Felice P. Dirz
Diane and Peter Donnino
John and Eleanor Donovan
Mr. and Mrs. Gerald M. Dorholt
Mary L. and Ernest F. Dorn III
Terence and Judith Doyle
Mark and Barbara Durenberger
Mrs. Jane A. Elsen
Encompass Textiles and Interiors
James Erickson
Anne Hickey Everett
Lois Faulkner
Patricia Faustgen
Ms. Paula Marie Finn
Patrick F. and Beverly A. Flaherty
Loretta and Dick Flesher
Dan and Carol Forby
Carl and Damaris Frank
Dennis and Barbara Frederick
Jerome Frisco
Thomas and Janan Gainor
Joseph J. Gallick
Mr. and Mrs. James Gamble
The Janice Gardner Foundation
Edward and Lorraine Gearty
Kenneth and Marion Geason
Elmer and Pat Gerads
Mrs. Julia Gerber
Richard I. Giertsen
Thomas and Janice Godlewski
Goldbricks Club, Inc.
Edward and Ann Grabowski
Steve and Jan Grothjan
Robin Haenze
Raymond and Sally Haik
William S. and Marilyn J. Halloran
Dr. Anna T. Hampel and Dr. Erwin W. Hampel
Robert and Dae Hannah
Catharine Hearold
William and Deidre Hedrick
Michael J. Henley and Randi S. N. Yoder
Msgr. P. J. Hessian
Diane and Tony Hofstede
Patty and Tom Holloran
Holmes and Associates, Ltd.
Sr. Patricia Hoveland, CSJ
Orlena A. Iversen
Katya Iwaszewycz
Mr. and Mrs. James M. Jagodzinski
Mr. and Mrs. Tony Jaros, Jr.
Rev. Paul Jaroszeski
John Jedinak
Rev. Glen Jensen
Robert and Virginia Johnson

Russell and June Johnson
William and Jerrine Johnstom
H. M. Julkowski
Mr. Jerome K. Jungquist
Florence J. Kafka
Barbara and Charles Keffer
Kim and Warren King
Mary Louise Kling
Ronald and Dianne Kloyda
Mr. Jerry Kopweiler
Richard and Jacqueline Kostick
Martin and June Kroening
Rev. Michael Kudanovych
Ladies Auxiliary Knights of Columbus Local #435
Stewart and Kathleen Laird
Tom Laird
Kathryn R. Langdon and James K. Langdon, II
Jeffrey W. Laux
James and Rosann Lawson
LHB Engineers and Architects, Inc.
Lions Club of Northeast Minneapolis
Leo and Betty Loberg
Jack Lobin
David and Michaeline Loomis
James F. Lyons
Kathy Lytle and Allen Hoglund
Sherry L. Maahs
Nancy and Charles Madden, Jr.
Kathleen Malchow
Miss Margaret Manley
Josephine G. Marek
Cecelia A. Marrin
James A. McCormack
Francis and Virginia McGoldrick
Mrs. Eileen B. McKee
Mr. and Mrs. Richard J. Merriam
Richard R. Miller
Sheryl Moe
John and Sue Morrison
James E. Moore
Mike Morgan and Kristi Lassegard
Jeri Murphy
Patrick W. Murphy
Bernard J. Murray
Raymond M. Myslicki
Chuck and Maureen Neerland
Sigrid Nelson
Ms. Marcia A. Ness
Jim and Cheryl Nesser
Mr. and Mrs. Michael D. Norman
North State Advisers and Associates, Inc.
Northeast Bank
Patrick O'Neil
Carolyn E. Olson
Dr. and Mrs. E. Harvey O'Phelan
Opus Northwest, LLC

Generous Friends

Evelyn G. Ordner
Art and Jane Otto
Sherman and Gisela Otto
Ione E. Pacyga
The Palen Family Foundation
of the Saint Paul Foundation
Lorraine D. Parlow
John Pasicznyk
William R. and Eleanore V. Pederson
Stanley and Adeline Pendzimas
Pentair Foundation
Mrs. Ann D. Petroske
Ms. Patricia Pettit
The Piper Jaffray Foundation
James A. and Nancy M. Pirkl
Rev. Gerald L. Potter
Premier Banks
The Prudential Foundation Matching Gifts
A.C. Reger
Joseph and Margaret Richey
Ms. Julie C. Richie
Claudia Riley
Peter and Mary Ritten
Joseph J. and Elsie M. Roback
Mary, Duane and Nancy Sanocki
Mrs. Marie M. Sawochka
Thomas and Charlyss Scharber
Cressie Scheuer
Shirley M. Severson
Mr. and Mrs. Clarence J. Shallbetter
Mary L. Sharkey
Patrick J. Siluk
Mr. Edwin H. Smith and Mrs. Mary Alice Smith
Dorothy R. Smyth
Gary and Susan Solem
Mr. Donald K. Sovell
Linda Spanier
Cynthia J. Spiczka
Richard and Helen Steffens
The Strangis Family Fund
of the Minneapolis Foundation
Joseph D. and Pamela Tringard Strauss
Strauss Management Company
Kathleen and Richard Student
Michael and Marilyn Sullivan
Josephine Svoboda
Kristine Swenson
Maurice and Clarice Swenson
Dena R. Tarnowski
Don and Dee Traxler
Jean P. Turgeon
Twin Cities Area Combined Fed. Campaign
Lynn Varco
Joyce H. Vincent
William and Judith Wallenta
Margaret Adamek Webinger
Paul and Phyllis Welter
Mr. and Mrs. James R. Wenker
Sandi Westberg and Gary Quam
Mr. and Mrs. Lawrence L. White
Bettie Wild

Dolores S. Williams
Wingate Communications Group, Inc.
Mr. Frank H. Wójcack
Jim and Jackie Wójcack
Debbie Woodward
World Reach, Inc.
Jerry and Joan Wright
Xcel Energy Foundation
The Andrew Zelenak Family
Edward and Mary Zemlicka
Mr. Michael Ziomko

In Honor of ... Annual Fund

LaVerne Barton
Harley Barton
Marcelline Beseler
Don and Lois Koehler
Mary Broderick
Dina Stafford
Genevieve Burke's 90th Birthday
Margit Rodahl
Arthur Calvert's Birthday
Ann Calvert
Brett Casebolt
Denis L. Melby
Catholic Eldercare 3rd Floor Staff
Joy and Kent Robbins
Catholic Eldercare on Main Staff
Harley Barton
Mr. Paul Goblirsch
Nancy Gorman and John Gorman
Catholic Eldercare Spiritual Care
Sharon Brenny
Frank Dziedzic
Terry and Mike Giel
Mike and Rosemary Husby
Mrs. Incoronata Fasano
Miss Alba Incoronata Ieraci
Tom Glodek
Anonymous
Bernard Packaging, Inc.
Loren and Carol Glatzmaier
Mark and Sherry Glodek
Walt and Karen Henderson
Gregory and Helen Jane Hilgendorf
Mr. and Mrs. Jay T. Huisken
Mike and Chris Lyons
Gary and Mary Polaczyk
Charles Selcer
Jonathan Sorbel
Robert and Patricia Traczyk
Anne Gorman
Nancy Gorman and John Gorman
Eva Hain's 90th Birthday
Fred and Kathy Grauer
Robert and Linda Hazelton
Fern A. Violette
The Hall Family
Mary Louise Inhofer

Leonard Hruby
Mark and Renee Hruby
June Johnson
Dave and Janis Langsdale
Ruth Kron
Ms. Doris Burke
Yvonne Mastrian
Anonymous
William Moneta
Rosemary Moneta Rosengren
Theresa Morzinski
Rupert and Jeanne Strobel
Stanley J. Murzyn's Birthday
James Murzyn
Marguerite Mycko
Bob and Denise Mueffelmann
Sister Ruth Roland, OP
Virginia Betlach
Kathrine Schmidt's Birthday
Mark Schmidt and Susan Reid
Stella Skusa
Ms. Bernice Gacek
Cindy Smith
Dr. and Mrs. Thomas D. Lacki
Beth Wizik
Dr. and Mrs. Thomas D. Lacki

In Memory of ... Annual Fund

Dave Affeldt
Fran Affeldt
Marion Ashcraft
Ruth Kildow
Ruth Beal
Barbara Allen
Rose and Leonard Benkufsky
Joanne and Larry Bendel
Joe and Celia Betker
John and Michele Ward
Sophie Biernat
Helen Smolka
Theresa Borgstrom
Leonard Borgstrom
Raymond and Fern Borgstrom
Mary Leicher
Frances Brama
Dolores H. Curtis
Dolores L. Klimek
Leonard Brenny
Henry and Kathleen Baron
Family and Friends of Leonard Brenny
Vernon and Mary Jaszewski
Tom Brickner
Margaret A. Brickner
Martha Brown
Jerry and Mary Marquis
Teresa Bruneau
Mr. William J. Bruneau
John Calguire
William and Patricia Calguire

Generous Friends

Helen Calvert

Mary and Steve Briggs
Bob and Val Calvert
Mary and Andrew Wilson

Arthur J. Campbell

Janet M. Campbell

Mildred Carland

Joyce E. Litton

Mary and Gerald Carlson

John and Sharon Stenglein

Clarence Caron

Harley and Marcene Bakken

Victoria Carter

Daniel G. Carter

Celuh Family

John Pitlick

Susan Celusnak

John H. and Rosalie E. Halling

Joseph, Mary and Walter Ches

Mr. and Mrs. Warren R. Bloomquist

Connors Family

Patricia Connors

Dan Connors

Patricia Connors

Mary Connors

Patricia Connors

Sharon Connors

Patricia Connors

Genevieve Crepeau

Bernadine Marx
Delores M. Sydloski

Mary Donna

Anonymous

Clara Duede

Raymond and Fern Borgstrom
Ann V. Cheleen
Dolores H. Curtis
Ronald and Gloria Christenson
Becky's on 2nd - Rebecca J. Deming
Ione E. Pacyga

Dupla Family

Mary D. Hungate

Sister Laurentine Dupla

Mary D. Hungate

Alice Dziedzic

Terry and Mike Giel
Mike and Rosemary Husby
Cheryl Lubinski and Al Otto

Verna Eilers

Dolores H. Curtis

Wilma Fabrello

Dolores H. Curtis
Dan and Carol Forby

Father Alan Moss

Norvin L. (Red) and Delores M. (Dee) Swager

Rita Finseth

Helen Smolka

Robert Flies

Shirley Flies

Cecilia K. Fournier

Jim Fournier and Karen Zeleznak

Ann Fulton

Ms. Joyce A. Knutson
Delores Wodzjak

Eileen Gangelhoff

Clarence W. Gangelhoff

Evelyn Ganley

Shawn and Pamela Bagley
Charles and Patricia Beckmann
Kathryn J. Berg
Alfred and Hazel Betcher
Tom Burgess
Jack and Melva Carson
B. A. Casserly and D. T. Casserly
Irene B. Coleman
Lawrence and Leslie Dougherty
Dennis and Barbara Ganley
Frank and Vicki Ganley
Frank and Deloris Ganley
Gene and Darlene Ganley
Joel and Sharon Ganley
Michael R. and Molly Casserly Goodson
The Gorney Family
Michael A. Green
Tim and Jim Hanly
Dennis and Chris Heidelberg
James and Norma Hingley
Rita, Doc, and Bob Holmes
Wally and Kathleen Hyser
Marty Knight
Margaret and Daniel Know
Ray and Mary Kocon
Lynne Krehbiel-Breneman
Charles and Eileen Kronstedt
Joel and Lois Maturi

Lou, Peg, and Bridget McCoy

Bob and Carol McFarland

Grace and Mary McShane

Minneapolis Park Police Department

Minneapolis Police Squad 75

Minneapolis Public Schools Positive

School Climate

Minnesota Police and Peace Officers

Association

John Montroy

Thomas Montroy

Richard and Kathleen Newell

Kimberly Ann Olson

Dale and Colette Otto

Michael J. Pickett and Barbara M.

Feller-Pickett

Duane and Cynthia Proell

Maureen Caroline Reynolds

John and Carol Rueb

Lloyd and Kathy Sandeen

Joe and Alice Schletty

Tom and Laura Schmidt

Rick, JoAnn, and Camrin Schultz

Thomas and Patricia Shaughnessy

Paul and Mary Pat Stonestrom

Michael J. Subialka and Family

Elizabeth Sullivan

Brad, Lisa, and Liam Taplin

Randy and Carol Tlachac

Jean and Gary Weber

Kenn and Sherry Weiss

Ms. Gerri Welter

Jerry and Susan Wind

Ann Marie Wray, Olivia and Will

Arthur Giguere

Mrs. Bernice A. Giguere

Mary Gillespie

David and Catherine Dooley

Doris Glodek

James and Maureen Bednarczyk

Irene Byszewski

Raymond and Shirley Caputa

Mary Coughlin Rose

Mr. and Mrs. John E. Coyne

Mike and Jan Dangler

Jerold and Helen Dexheimer

Terence and Judith Doyle

Tom and Teri Etienne

Tony and Kelly Etienne

Dr. and Mrs. Michael C. Fasching

Mary Jane Friedhoff

Mr. and Mrs. Vernon Fuechtmann

Ralph and Janice Fuerst

Jim and Margaret Glodek

Mark and Sherri Glodek

Mr. and Mrs. Thomas F. Glodek

Donna S. Gorski

Arvy Hansen

Michael J. Hansen

Delores E. Hebbe

Lillian Holmberg

Lori Holmberg

Rev. Paul Jaroszeski

James and Angela Kara

Ms. Alice Leighton and Arvy Hansen

Carlyle and Gail Loverud

Jerry and Mary Marquis

James and Mary Merkl

Natalie J. Miller

Sandra K. Monette

Carol J. Olson

Duane and Sandra Ramberg

Bob Rose

Karen L. Shannon

Susan A. Stendel

Gary L. Stephanson

Robert and Patricia Traczyk

Janice and Walter Traczyk, Jr.

Donald and Sharon Zappa

James and Louella Zappa

Paul Goblirsch

Rose M. Koehler

Josephine Jo Ann Williams

Marguerite Green

Craig and Marjorie Andersen

Doris J. Bakken

Jim and Verna Green

Generous Friends

Edna Greene's Birthday Anniversary

Robert and Marcia Fjerstad

Chester B. Grygar

Delores K. Grygar

Frances Halling

John H. and Rosalie E. Halling

Connie Harter

Dolores H. Curtis

Elsie Hassing

Raymond and Fern Borgstrom

Rick and Jill Creson

James and Kathy Holt

Mary Louise Inhofer

Bonnie L. Kline

Mr. and Mrs. M. C. Misemer

Nelson and Evelyn Nicholson

Bernadette Heider

Sam M. and Barbara A. Clark

Edward Heinen

John and Jackie Lindstrom

Beverly Hochstetter

DeLoyd E. Hochstetter

Helen Hughes

Mary Kay McNamara

Hungate Family

Mary D. Hungate

Ray Huppert

Millie Huppert

Cecelia Indrehus

James Indrehus

James and Ann Marie Zellmer

Delores Iskierka

Ione E. Pacyga

Josephine Jarek

Genevieve D. Burke

Maribeth Jennings

Dolores H. Curtis

Ms. Lorayne M. Hollison

Ms. Beverly A. Huber

Mrs. Lyle S. Post

Ms. Anne Puzak

Ms. Marjorie Strot

Mr. Paul Strot

Mr. Morris G. Talberg

Ms. Virginia M. Thiel

Hilda E. Johnson

Mr. and Mrs. Willard Nelson

Gene Keating

Norvin L. (Red) and Delores M. (Dee) Swager

Billy Keavney

Norvin L. (Red) and Delores M. (Dee) Swager

William and Pearl Kelzenberg

Dolores E. Sisson

Sophie Kielb

Mary Ann Kielb Nalezny

Mr. Knothe

Helen Smolka

Ludwig and Frances Knutson

Anonymous

Media Kozacz

Claire K. Hartley

Delores M. Sydloski

Frances Kronek

Genevieve D. Burke

Louise C. Kubik

Stanley J. Kubik

Katie Lahey

Harold E. and Ione K. Swanson

Anna Lazaroff

George and Harriet Lazaroff

Cleatus Leitschuh

Ione E. Pacyga

Elizabeth Lobin

Judy McConico

Cecelia Loges

Joyce A. Penske

Cornelius Lucas

Eileen J. Spano

Luniewski Family

Mary Ann Luniewski

Andrew and Anna Manshak

Mary Ann Muszynski

Emma Martonik

Dorothe H. Plocienik

John Martonik

Dorothe H. Plocienik

Mary Maslowski

Frank and Dolores Genosky

Muriel Mason

Catherine M. Best

Mary Bernice Mauer

David and Sheila Hines and the Family of

Mary Mauer

Randall and Barbara Noecker

Patrick and Judith Whalen

Terrance and Susan Wolfe

Eithel McCabe

Henry and Jean Czupryna

Agnes McCormack

Wilma H. (Doll) Boos

Gregory and Lucy Des Lauriers

James and Shirley Des Lauriers

Marilee Des Lauriers and John F. Milltello

Mary Ann Gillespie

Mary Ellen Halverson

Catherine and Jim Keane

Steven and Margaret Larson

Friends of Regan McCormack

Joan E. Murray

Mary and Sonny Rose

Rockwell and Frances Purdy

Joe and Rebecca Schmitt

Donald R. Sorensen

Elizabeth Ann Wizik

Joan Cegla McDermott

Lisa and Jerry Bolser

Steven and Barbara Conrad

Joseph and Nancy Holasek

John and Mary Gwynn

Joan McDermott Family and Friends

Lawrence McDermott

Nancy S. Olson

Diane L. Sprague

Julie and Ronald Stahl

S. R. Taylor

Virginia Menard

Ann Tophen and Thomas Tophen

James Midlo

Helen Smolka

Donna Haas Miller

Dan and Carol Forby

Joseph and Ann Mitchell

Joanne Bialon

William "Bill" Moneta

Daniel G. Carter

Dolores H. Curtis

John and Barbara Erlandson

John W. Lundquist

Ronald and Dorothy Maki

Gerald J. Pitra and Karen A. Kirk-Pitra

Rosemary Moneta Rosengren

Kent and Barbara Stennes

Theresa Morzinski

Joseph and Nancy Arbeiter

Catherine A. Boyd and Tim Boyd

Betty J. Brantly and R.T. Brantly

Roger and Catherine Drawing

Mary E. Engel

Monica M. Engel

Helen T. Erb

K.L. and C.P. Goodrich and Family

Thomas and Diane Grahn

Janice M. Hawkes

Greg and Nancy Huth

Jennifer Kirk

Bernard and Marcia Koalska

Diane M. Larson and Richard A. Larson

Robert L. Mayer

Marlene M. Mechelke

David J. Mrozinski

Joseph G. Mrozinski

Mr. and Mrs. John O'Loughlin

Mr. and Mrs. James J. Piffrel, Sr.

Joy and Kent Robbins

LeVaun and John Schmitt

Gerald and Carol Ann Spore

Mark and Joan Strobel

Rupert and Jeanne Strobel

Carrie L. Sullivan and John D. Sullivan

Barbara Swenson and Gary Swenson

Rita Ann Youngs and Lisa Gwyther

Elaïne Mosburg

Monday Night Bingo Ladies

Joseph P. Mruzyn

James Mruzyn

Dorinne Murray

Katherine A. Murray

Stanley J. Murzyn

James Mruzyn

Dominic Nalezny

John D. and Susan M. Rau

Harold Naslund

Lois Wigdahl

Generous Friends

Melvin Edward "Mel" Nelson

Helen Smolka
Dolores H. Curtis

Ray Nelson

Dolores H. Curtis

Elsie Nesler

Andrew and Catherine Pappas

Niedenfuer Family Members

Jerry and Rita Ryan

Katherine Nielsen

Barbara Nielsen

Carl Niziol

Johanna E. Niziol

Kenneth Nordling

Henry and Jean Czupryna

Betty O'Connor

Mr. and Mrs. Reinhard O. Alexejew

Joyce A. Alt

Bernice J. Amble

Monday Night Bingo Ladies

Bill Kozlak, Jr.

Kathy and Bill Kozlak, Sr.

Beverly A. Kroger

Richard and Lorraine Mero

Family and Friends of Betty O'Connor

Lorraine D. Walker

George T. Olson

M. Patricia Probst

Richard Olson

Annette A. Olson

Tom Ondrey, Jr.

Mr. and Mrs. Robert E. Sitarz

Lois O'Neil

Bob Spinner

Marie Pacyga

Alderwoods Group Inc.

Vickie Czupta

Joseph S. Estevez

Lillian R. Lacrosse

Joanne and Richard Lero

Arthur W. Mason

Glady's Ninteman

Eugene and Louise Owczarzak

Ione E. Pacyga

Family and Friends of Marie Pacyga

Ruth L. Pacyga

Elaine C. Pemberton

Chester and Gertrude Pikus

Michael and Diane Smerdon

Marianne Thielen

Mr. and Mrs. Jerome Wedgewood

Michael and Brenda Zemien

Arthur Pederson

William R. and Eleanore V. Pederson

Bernice Pederson

Corey J. Dahlstrand

William R. and Eleanore V. Pederson

Pitlick Family

John Pitlick

Pat and Joe Potter

Patricia Potter-Keays and John W. Keays

Procai Family

Mary Ann Luniewski

Ruth and Warren Rainville

Dorothy M. Young

John V. Rau

John D. and Susan M. Rau

Alice Goodin Reisberg

Donna and John Skagerberg

Ryan Family Members

Jerry and Rita Ryan

Andrew Salwei

Tom and Arlene Madden

Donald Samek

Genevieve D. Burke

Helen Schaffer

Barbara Allen

Edwina Schelde

Martin A. Schelde

Harry and Marcella Schrempp

Dean and Eileen Schrempp

Jim Sheehan

Daniel Duffee and Francine T. Duffee

Geraldine M. LeMay

Larry Sheehan and Cheri Marie LeMay

Sheehan

Jeanne Sherlock

Joseph and Rose Anthrop

Joyce and Dave Decker

Judy Vargecko

Frank Sinigaglio

Monday Night Bingo Ladies

James and Rose Murphy

Stanley and Rosalyn Olivera

Joseph Sitarz

Robert and Jann Sitarz

Stan and Bernice Sitarz

Robert and Jann Sitarz

Dorothy Slota

Florence Godlewski

Ione E. Pacyga

Adolph Smietana

Helen Smolka

Catherine Smith

Lt.Col. William Smith, USMC Ret. and

Mrs. Judith Smith

St. Anthony High School Class of 1954

Saint Anthony School Class of 1954

Clara Steffens

Gerald D. and Judith A. Steffens

Florence Stevens

Carol M. Dawidowicz

Daniel and Cynthia Jeska

Frank and Theresa Sewald

Robert Stinson

Wendy A. Wimmer

Ann and Ignatius Strauss

Pat and Jerry Hartlaub

Irene Swanson

Harold E. and Ione K. Swanson

John Thoeny

Mrs. Valeria Thoeny

Henry Tobias

Mary Ann Muszynski

Trinidad Villagomez

William and Mary Cragg

George Violette

Fern A. Violette

Louise Warness

John and Jackie Lindstrom

Donald Wetke

Henry and Jean Czupryna

Brother Julius Winkler, E.S.C.

Rita K. Flannery

Florence Wratkowski

Frances Chorzempa

Roger and Janice Frakie

Elizabeth C. Martin

Frank and Mary Matthews

Balbina (Barbara) Mikulak

Frances M. Mrugala

Kenneth and Janice Mrugala

Ronald and Patricia Nolan

Ione E. Pacyga

Bradley and Lisa Schultz

Ms. Dorothy Slota

Miss Rita Daniels

Hildegarde J. Wright

John E. and Janice M. McCauley

Margaret Younk

Albuquerque V.A. Home Based Primary Care

Florence A. Armeson

Jean Brazell

Karen Clelland

Claire Cole

Dolores H. Curtis

Carol Holland and Family and Friends

Donna James

Judy Johannes

Bobbie Lucero-Tuley

David and Karen Milton

New Mexico VA Hospital Nursing

Administration Group

Dr. Joseph F. Oser and Mrs. Barbara

Ann Oser

Nancy Prime

Mike Roysden

Dr. Donald Stehr

Trish Whitesel

Ann Whittaker

David and Tracy Wild

Planned Gifts

Anonymous **

Mary D. Hungate *

Dr. Doug J. Kohlan **

Miss Margaret Manley *

G. Richard Palen and Peggy Palen **

* Charitable Gift Annuity

** Testamentary Commitment

Generous Friends

Renewing the Spirit Capital Fund Drive

The Adducci Family Foundation
Mrs. Jennifer Bendel-Artman
Mary and Frank Broderick
Charity, Inc.
Gloria A. and Walter C. Czerepak
Marilyn and Jimmy B. DuBay
Exchange Club of East Minneapolis
Mr. and Mrs. Peter J. Frantz
The Janice Gardner Foundation
Mr. Matthew A. Gayekpar

Helene A. Houle
John and Sally Hovanec
Kopp Family Foundation
Sue and Tom McGuire
Ms. and Mr. Mary Lou McWain
John and Sue Morrison
Northeast Bank
Annette A. Olson
The Elizabeth C. Quinlan Foundation
John and Julee Rimarcik
Jean M. Sazevich
Charles Selcer
Joseph and Judith Stwek

Kristine A. Smyth
Strauss Management Company
Mr. and Mrs. Larry Walde
Mr. and Mrs. Jerome Williams
Elizabeth Ann Witzik
Richard and Rene' Zona

In Memory of ... Capital Fund Drive

Doris Glodek
Joe D. Holewa

Eldercare Website Offers New Donor Resources

"We are now offering our supporters one of the most comprehensive donor resources available."

Vice President for Development, Tom Cierzan

1. Go to www.catholiceldercare.org
2. Click on "Giving."
3. Select from a comprehensive list of resources on the left side of the page.

The Catholic Eldercare website, www.catholiceldercare.org, now includes new comprehensive information that can help current and prospective donors explore and consider various giving options.

Website visitors can click on "Giving" to explore the new donor content.

"We are now offering our supporters one of the most comprehensive donor resources available," said Vice President for Development Tom Cierzan.

Reading room Articles on topics such as annuity trusts to wills and estate planning are available on the enhanced website. These contain in-depth information on a broad range of gift planning topics.

Ways to give Discover which type of gift is right for you. Whether you want to reduce tax liability or benefit from an increased income stream, there are gift options for every objective.

Gift calculator The gift calculator allows you to develop "what if" scenarios to help determine the right gift amount for you. Try different options to see how a gift annuity might work for you.

Essentials and glossary of terms Planned giving doesn't have to be confusing. The new donor resources help you begin down your planned giving path, informing you about living trusts, the power of attorney, and creating a will. The glossary of terms will make legal terms easy to understand.

For more information on giving options, please contact Vice President for Development Tom Cierzan at 612-379-1370.

Florida Reception a Success

Catholic Eldercare connected with a group of 50 friends and supporters March 16 at a Naples, Florida luncheon.

The event was graciously hosted by John and Eleanor Donovan, Catholic Eldercare President and CEO Mary Broderick, and Catholic Eldercare Board Members Tom Glodek and Bill Hedrick, MD.

Guests heard about the innovative work of Catholic Eldercare in the community, and the leadership role the organization is assuming in meeting the growing needs for elder housing and services.

"John and I were honored to be a part of this presentation," Eleanor Donovan said. "The board members and administrators are to be commended for their imagination and creativity in providing such quality homes for seniors. The luncheon guests saw in the presentation the successful achievement of these founding goals, as well as their plans for the future."

MainStreet Lodge Hairdresser Recalls Polish Confirmation by Priest Who Would Become Pope

When MainStreet Lodge hairdresser Helena Hederman was a ten-year-old Catholic being confirmed in the small village of Jordanow, Poland, little did she realize that the warm, humble Bishop confirming her and the other children would later become Pope.

Helena looks back at her experience and marvels at the greatness of the man who confirmed her and others in post-war southwestern Poland.

The year was 1953, and Karol Jozef Wojtyla was 33. Then, he was the Bishop from Krakow who came to confirm Helena and the children. "He was a great man," she recalls, "even then."

The outgoing Helena remembers Father Karol as a kind man with a warm personality. "He came to our church and teased us, saying, 'Okay children, if you don't know your catechism by now, you'd better learn it fast or it will be another seven years!'" Helena recalls. "At the time, he visited many small villages to confirm children and the next time he'd be in Jordanow would be seven years, so we really studied hard," she says with a robust laugh.

She remembers the Pope as a powerful presence. "He was very nice and when he talked to you, you listened, you really listened. The feeling is hard to describe. He truly was a man of God."

"I felt he was so kind," Hederman adds. She was raised in a very poor family. When confirmed, she looked at her bishop and cried. "He confirmed me and he said, 'What would you like for your life?'" she recalled. "I want a good life," she said, and he made the sign of the cross on her head and told her, "You will have a better life."

When Father Karol became Pope John Paul II in 1978, Helena recalls screaming and crying: it was a powerful moment. "I was just shivering because I knew that man confirmed me," Hederman said. "He blessed me. What more can you have for your heart?"

Years later, in April 2004, after she had undergone bypass surgery, Helena traveled to Rome where she saw the Pope again. "We were only eight rows away from him as he came by. It was such a wonderful moment. I thank God I was able to go." On April 8, the day of the Pope's funeral, Helena arrived at MainStreet Lodge in the wee hours of the morning so she could watch the historic



event from her second floor salon. "I cannot even describe my feelings," Hederman told a visitor, her eyes filling with tears. "I have a real connection to this one."

Hederman said Pope John Paul II had given her hope when she was growing up because he told her she would escape her life of poverty in Poland. She eventually emigrated to the United States in 1963.

Her brush with papal greatness was captured and shared with the Twin Cities in the Star Tribune and on WCCO radio during early April.

ANONYMOUS FRIEND BLANKETS NURSING HOME RESIDENTS WITH WARMTH

Catholic Eldercare is full of kind and generous people who have passed along these values to their families.

This became clear last winter when the daughter of a nursing home resident, and some friends and loved ones, made fleece throws for the 49 other residents on her mother's floor, and two social workers.

These good samaritans wish to remain anonymous, but this is a labor of love they plan to continue.

"There are four of us who get together and make these, and we love it. It's so wonderful to see the smiles of the residents when they get their throw. Everybody loves them," she says.

From everyone at Catholic Eldercare — Thank you for your heartfelt generosity!



Eldercare Site for Alzheimers Education Video

Catholic Eldercare was a site for the production of an Alzheimers video for professionals and family caregivers. The video was produced by Minnetonka-based HealthCare Interactive, a producer of web-based educational information and self-management tools for professionals and consumers.

Why was Catholic Eldercare selected for the production? There are a couple of connections. HealthCare Interactive President John Hobday remembers the quality care his late grandmother received while living in the third floor Alzheimer's residence. "She had a really excellent quality of life at Catholic Eldercare. The staff is excellent, and she thrived during her three year stay here," Hobday says. Another connection — Dr. Stan Smith, a nationally recognized geriatrician, is Medical Director for HealthCare Interactive, and a co-creator of the innovative All-Inclusive-Care (ACE) home health program being implemented at the RiverVillage campus. Hobday and Dr. Smith, both innovators, are utilizing their training in medicine and educational software development to enhance the understanding of Alzheimers and aid caregivers as patients move through the various stages of disease progression.

The production crew interviewed several residents and staff members. The video will be available for viewing on HealthCare Interactive's website, which can be found at www.alzinfo.net.



UPCOMING EVENTS

June 2005

Minnesota Sonfonia concert – June 20, 1:30 p.m.
Petting Zoo – June 21, 1 p.m. – 3 p.m.

July 2005

Ice cream social – July 12, 5:30 p.m. – 7 p.m.

August 2005

Heritage Celebration Week – (date to be announced)
First annual Dog Daze celebration – August 20, 1 p.m. – 2:30 p.m.

September 2005

Third annual *Celebrating Lifelong Living Luncheon* – Earle Brown Center, Brooklyn Center
September 15, 2005, noon – 1 p.m.

CREDITS

Writer/Editor: John Wingate, Wingate Communications Group, Inc.

Photography: John Wingate, Sue Kyllonen

Graphic Design and Printing: Infinity Direct, Inc.



817 Main Street NE
Minneapolis, MN 55413

Website: www.catholiceldercare.org

Return Service Requested

