

Connections



Elva Walker Spillane

Spillane Family Makes \$150K Matching Gift in Memory of Elva Walker Spillane, Aging Advocate

"We don't give to causes unless they produce for people and Catholic Eldercare really produces."

Jack Spillane, Board Chair
National Purity, Inc.

Minneapolis businessmen Jack Spillane, board chair of National Purity, Inc., and son Sean Spillane, president of National Purity LLC, have pledged a \$150,000 matching gift to Catholic Eldercare in memory of Jack's late wife Elva Walker Spillane, a national pioneer in aging services and successful business woman.

The creation of the **Jack and Elva Walker Spillane Matching Gift Fund** was announced at the September **Celebrating Lifelong Living Luncheon**. The Spillane fund will match gifts totaling up to \$150,000. "Maybe it's the start of a good relationship," Jack said with a smile.

"I hope this gift makes more people aware of the need. We don't give to causes unless they produce for people and Catholic Eldercare really produces," he said.

Spillane Family (continued on Page 7)

Over \$350,000 Raised at First Annual Celebrating Lifelong Living Luncheon Benefit

On September 18, more than 500 individuals helped make the first annual Celebrating Lifelong Living Luncheon the most successful and inspiring fundraising event in the history of Catholic Eldercare.

The gifts, many of them from first-time donors, total more than \$350,000. Most of the proceeds are designated for the annual fund, which supports the pastoral care program, the subsidy fund, and higher staffing levels that help to distinguish Catholic Eldercare's quality care and services. A generous \$150,000 matching gift from Jack Spillane and his son Sean Spillane, on behalf of Jack's late wife Elva Walker Spillane, is designated for the capital fund drive.

We Stand Upon Their Shoulders

In her presentation, President and CEO Mary Broderick told the audience that "elders deserve the best care we can offer."

"Elders deserve the best care we can offer."

Mary Broderick
President and CEO

Asking audience members to reflect upon an elder important in their lives, Broderick said, "I'm thinking of my own mother who spent the final year of her life at Catholic Eldercare, and who passed away just last month. She is so much a part of who I am today."

"These older persons are formative figures in our lives—we feel their influence all our lives. Today, we stand upon their shoulders. And we ourselves, in our own aging, are moving right along the trail they have blazed for us," she told the crowd.

Relating the values that are central to Catholic Eldercare's compassionate and dignified care in an atmosphere of faith, Broderick said, "Our dream is to help make the final years of the aging journey as fulfilling as possible. This commitment is one that we extend to the entire community, regardless of faith or economic status. After today, we hope our dreams become your dreams."



Jack Spillane, center, presents the first of his generous gifts to President Mary Broderick and Board Member Joseph Strauss

Messages of Hope

Jean Sazevich, the daughter of nursing home resident Marie Sazevich, shared her deeply personal and emotional testimonial. "It was a very dark time after my mother's stroke, which left her with limited mobility and unable to speak. But her care and the programs that help elders to discover new gifts have enabled her to live a fulfilled life. After she painted a beautiful watercolor in the Creativity & Spirituality Program, she looked at it and said, 'Best thing I've done in a long time.' I'd like to share a golden rule that seems most appropriate today. It is in giving that we receive," Jean said, her voice full of emotion.

Board member Joseph Strauss invited audience members to become members of Catholic Eldercare's Lifelong Living Circle of supporters, sharing his own personal experience. "I saw firsthand that Eldercare really made a difference in the lives of two of the most precious people in

"I saw first-hand that Eldercare really made a difference in the lives of two of the most precious people in my life."

Joseph Strauss
Board Member

my life. Both my father and grandmother understood full well that aging was not easy. But they found that where there is respect and dignity, they could flourish and live their remaining days with grace and elegance. And they did! My involvement is one of the most rewarding experiences of my life, and it is a continuing privilege for me to support Mary and her wonderful staff, and our many volunteers in the great work that they do year after year."

Lifelong Living Luncheon (continued on Page 7)

LEADERSHIP CORNER

Dear Friends:

This issue of Connections celebrates our growing community of supporters who are helping to extend Catholic Eldercare's loving, compassionate reach to more elders who need, want, and deserve a meaningful life.

The elders in our lives, those parents and grandparents, aunts and uncles, dear friends and colleagues, help to make all of us better people. They bring a richness and wisdom to our culture that has helped build a strong community, and they deserve the very best we can give them.

We are heartened by the growing number of supporters who recognize the value of Catholic Eldercare's quality care and engaging programs. We thank them for supporting us as we respond to the significant, and growing, community needs.

During September, we were so pleased to see several hundred supporters and many new friends attend our first annual *Celebrating Lifelong Living Luncheon*. Their generosity helps ensure the quality care and innovative programs that so distinguish Catholic Eldercare will be available for more elders in the months and years ahead. These special programs are possible because of private gifts. The Pastoral Care Program provides spiritual support to elders as they adjust to life changes and pursue lives that continue to fulfill and reveal new gifts. Our 200-plus volunteers help support staff in so many ways, befriending elders and ensuring our residents remain connected with the larger community. And, of course, there is our remarkable staff. Through the generosity of donors, we are able to maintain higher than average staffing levels. In very human terms, this translates to more time with elders and strengthened caregiving relationships.

We draw our strength from this richly diverse community. Neighborhood parishes are Christian partners helping us address the need for affordable and dignified elder housing and services. Immigrant staff who came here to pursue their hopes and dreams bring a natural respect and reverence for elders to their work each day. And people from every walk of life, representing all age groups, devote many hours of their time to help make us a little better. Throughout the year, we maintain a valued dialogue with civic and community leaders who serve as our Community Advisory Council. They share their individual expertise to help us craft strategies and solutions regarding long-term care, affordable elder housing and related services.

In this issue you will read about the programs and services that make life special for elders, and the ways Catholic Eldercare is being positioned to address a significant community challenge in the years ahead. Today, affordable housing is needed for an estimated 13,000 elders in the Twin Cities, and the aging baby boom generation will only fuel the growth of these numbers.

Our community's elders deserve the very best that we can give them. Thank you for helping us to be there for them.



Mary Broderick
President and CEO



Al Hofstede
Board Chair

Catholic Eldercare Selected by St. Therese Southwest to Provide Home Care Services at Hopkins Campus

Shared Catholic Values Facilitate Innovative Partnership

"Catholic Eldercare's mission of quality, compassionate care, and a commitment of working with local parishes with respect to the interests and needs of the elderly is a perfect fit for our residents."

Michael Pagh
Great Lakes Management

Catholic Eldercare has been selected by St. Therese Southwest to provide home health care services for the assisted and independent living residents at St. Therese Southwest's senior housing campus in Hopkins.

The partnership represents a significant expansion of Catholic Eldercare's services and care model elsewhere in the community beyond Northeast Minneapolis.

Catholic Eldercare's 30 professional home care staff will provide services at two residences. Home care services include medication

management, bathing and hygiene assistance, wellness clinics, 24-hour protective oversight with emergency call capability, pastoral care support, rehabilitation services, massage therapy, assistance with adult day program activities, and light housekeeping.

The Terraces of St. Therese Southwest, the new 86-unit assisted-living and memory-care residence that opened during October, is attached to the newly renamed The Towers of St. Therese Southwest, the 227-unit independent-living residence located at Feltl Court and Semtana in Hopkins. The Towers has been providing high-quality senior independent living with optional services since 1988.

Growth of the Eldercare Model

"We are so delighted for this opportunity to extend our proven care model to the residents of St. Therese Southwest," said Mary Broderick, president and CEO of Catholic Eldercare. "Both organizations are built upon Catholic values

and the Christian heritage of compassionate service, with an emphasis on respect for elders within a supportive community," she added.

"This partnership brings an innovative blend of housing management skills and health care expertise together to expand and enhance the care continuum and quality living experience for seniors," said Michael Pagh, president of Great Lakes Management Company, which manages the St. Therese Southwest campus. "Catholic Eldercare's mission of quality, compassionate care, and a commitment of working with local parishes with respect to the interests and needs of the elderly is a perfect fit for our residents," Pagh added.

The goals of the partnership include providing a warm, inclusive and safe assisted-living experience that supports the physical, spiritual and health needs of elders unable to live independently; and providing responsive and effective home care to enable other tenants to live independently for as long as possible.

RiverVillage Grand Opening On Schedule for Early 2004



RiverVillage will provide affordable assisted-and-independent living in the Marshall Terrace neighborhood of Northeast Minneapolis

The newest additions to the Catholic Eldercare community of residences, RiverVillage East and RiverVillage North, will open during late winter 2004. Construction crews have made excellent progress during the summer and early fall as the project begins to transform the Marshall Terrace neighborhood of Northeast Minneapolis.

The RiverVillage campus is designed with careful consideration given to the wishes and needs of today's elders who are accustomed to more space, greater privacy, and a diverse mix of spiritual and leisure activities.

RiverVillage East tenants will enjoy private and congregate dining rooms, a chapel, movie theatre, wellness health center with therapeutic spa, coffee shop/gift shop/art gallery, hobby room, an assembly room, landscaped terraces; and the spacious, enclosed 'main street' which will connect the residences with St. Hedwig Church.

RiverVillage East offers true innovation for elders who may think the assisted-living option is financially out of reach. The residence has 72 assisted-living apartments, 25 of which are subsidized for elders with modest financial resources. For residents with cognitive challenges, the memory care wing offers an inviting, safe environment where life can be lived to the fullest extent of their potential.

RiverVillage North is a HUD-subsidized independent-living residence with 35 apartments that ensure elders of limited financial means can enjoy safe, dignified housing and remain connected with their neighborhood.

"We look forward to helping meet the elder housing needs of the neighborhood and parish."

Al Hofstede
Catholic Eldercare Board Chair

"We look forward to helping meet the elder housing needs of the neighborhood and parish," said Catholic Eldercare Board Chair Al Hofstede. "And, we remember and honor the late Pastor Ted Guminga (the former pastor at St. Hedwig who died last April). Father Ted was a superb advocate for his parish and a driving force behind making this project a reality."

For more information about RiverVillage, please call 612-605-2500.

Assisted Living



Roger and Lucille Lins

Lucille & Roger Lins' Life Transition

"It's a loving, caring place. Just one big, happy family."

Lucille Lins

Thirteen years ago, Lucille "Lu" and Roger Lins were enjoying the final days in their large family homestead in Excelsior, the place they'd raised their three daughters and a son. Realizing they could no longer maintain the large house, garden, and lawn, the Lins downsized and moved to a town home in Chanhassen.

"We enjoyed our time there, but things change," Lu said.

Another life transition began to reveal itself as Roger celebrated his 80th birthday in July 2002. The planned celebration was postponed after a massive stroke left Roger disabled and unable to clearly communicate. He spent 24 days in the hospital, then more time in rehabilitation, and finally went home to Lu.

"There I was, all alone in Chanhassen with no help," Lu said, remembering the dark times. "It was a full-time job caring for him."

Lu praises their adult children for all their love, help and support, but points out that all four live in other communities and were not immediately available when she needed help.

"One day I just collapsed, fainted, from all the stress, I guess. The doctor told me I had to get some help," Lu explained.

Transitions to Assisted Living

Lu and Roger's children got to work and discovered MainStreet Lodge had an apartment available; the Lins acted quickly and moved in during May 2003.

"The transition was much easier than I expected," Lu said smiling. "Here, we have lots of help if we need it, and it's nice to be waited on for a change. The meals are delicious, and we're no longer alone. There are lots of people to talk to and so many things to do."

The Lins quickly identified the Adult Day Program as a perfect option for Roger. "He looks forward to the activities and exercise and his visits with friends. And, it gives me a much

needed break," Lu admits. "To have this caregiver responsibility 24 hours a day, seven days a week is a bit overwhelming. I walk him over to the day program three mornings a week and walk him back in the afternoon."

Lu appreciates her support group meetings each Thursday. She can discuss their life transition and her caregiver challenges. These group meetings also offer an opportunity for her to express appreciation for still having Roger with her in a safe home appropriate for their needs.

The Lins especially like having a chapel available for their spiritual life. "And we don't have to walk outside to go to St. Anthony of Padua church. That's nice because Roger is unsteady on his feet," says Lu.

Lu says she is constantly amazed at the kindness of the staff. "Everyone is so kind, friendly and helpful. The cook, TJ, is always telling me he's thinking about foods he can prepare for my special diet needs. It's just so wonderful."

Now, Lu and Roger see their four children and six grandchildren more than ever since they no longer have to drive to Chanhassen.

"We love it here and the care is wonderful. It's a loving, caring place. Just one big happy family. We're very grateful."

Board Profile

Meet Al Elder

"I was born at a very early age," Al Elder says with a twinkle in his eye, quickly revealing a strong sense of humor and a true zest for living.



And, at age 70 he shows few signs of slowing down. His passions remain the same: His 48-year marriage to wife Mary, "She's the greatest blessing the Lord has given me;" his family, "All our grandchildren live within a mile and a half of us;" and, his career in estate planning and business insurance, "My clients won't let me retire!"

He earned a business administration degree from the University of Minnesota, and spent nearly four years as a U.S. Navy pilot in the 1950s. Next came two master's degrees, a successful and challenging business, five children, and four grandchildren.

Al Elder knows the value of faith, family, friends, and community.

When he was recruited to serve on the Catholic Eldercare board two years ago, he gratefully accepted. Already serving as an officer and director of the Catholic Community Foundation, Al recognized the importance of caring for elders in an atmosphere of faith and respect. "Older people are getting ready for 'finals,' they know what's coming," he said borrowing a metaphor from his college days. Elder takes a philosopher's view in recognizing the value of Catholic Eldercare's service to elders. "Adjustments are hard for everyone, but the elders don't have the resilience to adjust to changes and challenges they once had. Death is when the body can no longer adjust. We need to help elders adjust to life's changes and challenges and maintain their quality of life," he said.

After joining the Catholic Eldercare board in 2002, Al said he was impressed by how well the staff and management truly live the mission, to keep people fully engaged and to maintain quality of life. "We have to help people to live as independently as possible," he says pointing to the dramatic demographic changes looming in an aging society. "Demography is destiny," he adds.

Minnesota demographic data suggest that in the coming decades the number of people age 85 and older will triple, only increasing an already strong demand for affordable elder housing and services.

"Catholic Eldercare will grow because we must grow in order to meet the coming needs. In 2030, I could be 97. We have to prepare for our future because the future belongs to those who prepare for it. We don't want to lose the game in the final two minutes because we weren't prepared," Elder said, using a favorite sports metaphor.

Elder believes that our materialistic culture does not always encourage us to plan a quality life, especially in the later years. "Having is not being. When we are older we have to focus on our being and God's Being—and have some fun too."

Gardner F Animal-Assisted

Five new volunteers are now on the job at Catholic Eldercare On Main, the skilled care residence. Bailey, Jake, Zena, Jackson, and Belle are all four-legged and furry with a real affection for people.

All five dogs—a Labrador retriever, a cocker spaniel, and three Bouviers (Belgium herding dogs)—work in the new Animal-Assisted Therapy program made possible by a generous gift from George and Jacqui Gardner.

"Bow wow, Arf!"

(Translation: I just love it here!)

Bailey the dog

The five dogs have a couple of pet humans who run the program: Beth Wizik, director of therapeutic recreation, and Judy Stephenson who coordinates the program's day-to-day operations.

"It is amazing to see the impact of a friendly animal. We're seeing residents who were shy and isolated becoming more responsive and engaged. One resident refers to the dogs as her 'grand dogs,' said Wizik. "When I put my cocker spaniel Jake into one gentleman's lap, he wept tears of joy at the fond memories of his former pets. He loves Jake."

Researchers have discovered that this animal-human connection is a powerful force, helping elders to become more responsive and relaxed. Bring the dogs around and elders' eyes light up and their faces relax into wide smiles. And the dogs just bask in all of the loving attention.

"Nursing home residents have lost a lot of things because of their life transitions. This program is like regaining a long lost friend. They begin reminiscing about their former pets and they just shine," Wizik said.

All five dogs have undergone special training and the three breeds have a gentle nature. "The Bouvier dogs are smart, gentle and loyal. They're used in Belgium to herd cattle and sheep," said Judy Stephenson, the dogs' owner and pet therapy coordinator. Bailey and Jake are Beth Wizik's pets when they're not on the job.



Nursing home resident Dora Rauenhorst is introduced to Zena, a trained Bouvier that participates in the new pet therapy program.

Family Gift Funds and Therapy Program

“One of our goals is to make Catholic Eldercare more pet-friendly so families may bring their beloved pets along for visits with loved ones.”

Animals are nothing new at Catholic Eldercare. In the 1980s two dogs, Brandy and Sheba, helped make the nursing home more active and lively; on second floor, a friendly and talkative Cockatiel has held court for 20 years; in the courtyard, fish and turtles abound; and once a year, the petting zoo enables residents to make friends with ducks, cows, llamas, bunnies, and goats.

Wizik says the animal therapy program is one more way Catholic Eldercare can help provide a true home for elders. “Love transcends species and its impact on animal and human is profound.”

For more information on the Pet Therapy Program, please contact Judy Stephenson at 612-379-1370.



Nursing home resident Estelle Dougherty greets Zena, one of five pet-therapy dogs that make regular visits

Volunteering Meet Jack & Gwen Klaesges

Volunteers Jack and Gwen Klaesges (pronounced KLASS-guss) will tell you their regular visits don't feel much like volunteering; they're just visiting long-time friends.

Both retired in 2001 after long careers with TCF Bank. Gwen worked in corporate services and Jack was a computer programmer. Careers initially took them away from the Twin Cities to Chicago and New York, and finally back again to the Twin Cities in 1979.

The Klaesges became acquainted with Catholic Eldercare when Gwen's mother, Maryanna Iffert, moved to the nursing home after her husband died. She was a resident for almost one year until her death in June 1999. “She was such a wonderful woman. She had nine children and was always busy,” Gwen said. “One of the ladies we visit looks just like my mother, which is such a treat. Our visits help us as much as they help the residents,” Gwen added, flashing a wide smile.

During their visits, the Klaesges enjoy sharing stories of their travels and news from their seven children and 24 grandchildren. “I don't feel like a volunteer, I'm just visiting all the people I've always seen,” Jack said. “We'll come over for dinner, play cards with some of the residents. One fellow was a gunner on a World War II bomber; he came back from one mission with 37 holes in his plane. You just hear amazing stories from their lives.”

The couple has made special friends along the way. “One day Trish (volunteer coordinator Trish Flannigan) asked me to visit with a man who had developed Parkinson's Disease as a child. He was a neat guy, very spiritual and upbeat, never complained,” Jack said. “I learned how to feed Gary and help him and he always had infinite patience with me.”

“These people can teach you a lot about aging,” Gwen says. “So many suffer silently with chronic pain and they teach you about living in grace and dignity.”

“When my mother first came to Catholic Eldercare, she did not handle the transition very well,” Gwen says. “It was after my father died and



Jack Klaesges



Gwen Klaesges

she was starting to suffer from dementia. One day she asked for a notebook so she could write down the names of her visitors. Over time, others started writing down things she would say and stories she told. Well, those stories and old photographs are now treasured mementos for our family.”

“Now, I'm doing that for our family, putting together a history in pictures for our children. It is a gift to pass on,” Gwen says proudly.

“We all have something we can pass on, if we only listen,” Jack adds.

One-to-One Visits

Since many Catholic Eldercare residents have no family or friends nearby, volunteers like Jack and Gwen offer a few hours each month to befriend elders. The One-to-One Personal Visit Program offers flexible scheduling and a variety of opportunities to reach out to others.

One-to-One-Volunteers visit with elders, offering a compassionate and understanding ear; they may accompany the resident to a meal or activity, assist with art or therapeutic recreation activities or other events. The level and nature of the involvement is up to the volunteer.

The human friendship and spiritual nourishment that results from these visits significantly enhances the quality of daily life for elders. It's a pretty special experience for the volunteer, too.

For more information on volunteer opportunities, please contact Volunteer Coordinator Trish Flannigan at 612-379-1370.

Heritage Celebration Week 2003

Catholic Eldercare's diverse staff is a microcosm of the community, and that's always something to celebrate. The 4th Annual Heritage Celebration Week held during August gave staff, residents, tenants, families, and visitors an opportunity to grow intellectually, emotionally and spiritually by gaining insight into the diverse ethnic community in which they live and work. The event featured a variety of opportunities for learning and appreciating other cultures. Through dance, art, discussion, music, prayer, and lots of food, our differences and similarities were honored. Heritage Week reminds us of valuable lessons that serve us well every day: cooperation and appreciation, the importance of dignity and respect, beauty and grace in everyday living.



Staff celebrate their diversity by wearing ethnic garb



Dolina, a Polish dance troupe entertained residents and tenants with upbeat ethnic music and dance

Rainville Estate Gift Largest in Eldercare History

Catholic Eldercare has received its largest private gift ever from the Leo E. Rainville estate, a generous six-figure bequest that will enhance the lives of elders. Rainville, a Long Beach, California resident at the time of his death, had many ties to the Twin Cities and Catholic Eldercare.

A decorated WWII veteran who participated in the D-Day invasion to liberate France, Rainville later became an electrical engineer, working at Boeing, McDonald-Douglas, National Institutes of Health, UNIVAC (Minneapolis), and Northrup Corporation. In October 2001, he suffered a stroke and he later died on March 17, 2002.

Family Connections

Leo's cousin, Hazel Rainville, was a resident at Catholic Eldercare. "Hazel's brother, Wallace, often commented to Leo how impressed he was with her care," according to Alice Rainville, executor of Leo's estate.

Leo grew up in Southeast Minneapolis and, years ago, appointed Alice as the executor of his estate. "He was such a dear friend to our family," said Alice, the former Minneapolis City Council president, and longtime friend of Catholic Eldercare. "He was a wonderful role model for my children and encouraged them to go to college. He was a talented and generous man."

"Over the years, I talked to Leo about Catholic Eldercare and we'd discuss his estate plans in a quiet way," she said. "During a visit, he and I drove by Catholic Eldercare and I asked if he wanted to go inside. He said, 'No, I've heard all I need to hear.'"

An avid sailor, pilot, car and motorcyclist enthusiast, Leo sustained a leg injury when he was in his early 40s and recuperated in a nursing home. His leg was saved, but the experience galvanized his view of health care. "He often said if he could come back in another life, he would design hospitals and nursing homes," Alice said.

Leo Rainville left 30 percent of his residual estate to Catholic Eldercare.

For more information on estate planning and charitable giving, please contact Vice President for Development Tom Cierzan at 612-362-2408.



Spillane Family *(continued from Page 1)*

The Spillane family first became acquainted with Catholic Eldercare through friendships with President Mary Broderick and Board Chair and Founder Al Hofstede.

“Elva was on the board of St. Mary’s Junior College when I taught and later served as academic dean. She was a trusted advisor to me then, and later, as I served as interim president of the College of St. Catherine,” said Catholic Eldercare President and CEO Mary Broderick.

When Elva died, Jack decided to include Catholic Eldercare in the family’s charitable giving.

“Elva would like what we’re doing. She liked aging and health issues and Catholic Eldercare does all that very well. I’m proud to do it,” said Jack.

Jack said as the population of older persons continues to grow, with more people ages 85 or older, the need to bring quality, dignified care in a faithful setting will be paramount.

“When I was born in 1932, most people were dying in their 50s. Today, it’s not uncommon to reach age 100. Our medical advancements have addressed the quantity issue of how long we live; now we need to focus on the quality of that life,” said Jack.

“Catholic Eldercare is really in tune with the times, on the cutting edge and positioned to handle these future needs,” he said.

Advocate for the Aging

One entire wall of Jack Spillane’s spacious office is filled with many of Elva’s awards and achievements. Photos of her with former President Clinton, former Governor Rudy Perpich, and former Vice President Hubert Humphrey give prominence to her national leadership on behalf of elders as well as her business successes.

Elva Walker Spillane, who died in November 2001 at the age of 87, founded many health and aging services organizations and served as board chair for the National Council On The Aging from 1986 until 1992.

A nurse by training, Elva began consulting early in her career becoming an expert in the field of aging. She was a frequent delegate to the White House Conference on Aging and met five U.S. presidents during her lifetime.

When President Lyndon Johnson signed the Older Americans Act in 1965 in a Rose Garden ceremony, it was Elva who was given his pen. That legislation represented an historic step toward improving the lives of older people in areas of income, housing, health, employment, retirement and community services.

“Elva Walker was a great leader, a savvy businesswoman, and a wonderful friend.”

Mary Broderick
President

Elva served as the first lay board member for St. Mary’s Junior College which merged with the College of St. Catherine in 1986. In 2000, Elva was awarded St. Catherine’s Alexandrine Medal for her lifetime of commitment and achievements in health care.

“Elva Walker was a great leader, a savvy businesswoman, and a wonderful friend. She made many important contributions to the field of aging. We thank Jack and his family for their generosity which truly honors Elva’s legacy,” Broderick said.

For more information on the Jack and Elva Walker Spillane Matching Gift Fund, please call Vice President for Development Tom Cierzan at 612-379-1370.

Lifelong Living Luncheon *(continued from Page 1)*

The program also included board members Jean Greener, who served as master of ceremonies; co-founders Al Hofstede and Sister Ruth Roland, and Bishop Richard Pates of the Archdiocese of St. Paul and Minneapolis.

Hofstede shared with the crowd the formative thinking that later became Catholic Eldercare.

“When I became mayor of Minneapolis, we were confronted with a serious social problem that hit close to home—a lack of affordable, dignified housing for the elderly in Northeast Minneapolis, where I grew up. I discovered there were elders living in homes with dirt floors...homes with newspapers on the walls. It was a stunning reality. This was no way for our city’s oldest, most respected citizens to live,” Hofstede said.

Co-founder Sister Ruth Roland told the audience, “I’m bursting with joy and gratitude because of your presence here. What a grace and privilege it has been—and is—to work with all of you for the benefit of our elders; to strive day after day to provide for them a good home, loving care, and a full life. I say, with more conviction than ever, it is God’s work we are about.”

In reflecting on the successful event, Mary Broderick said the special aspects of Catholic Eldercare’s mission and service have people as their centerpiece.

“We are so grateful and appreciative for the leadership and compassion of our board members, the staff and volunteers, our table captains, and other community supporters. Together we are making a difference in helping elders create lives of dignity and fulfillment while preparing to meet the growing needs,” Broderick said.

Stems and Vines Floral Collaboration Benefits Eldercare

Stems and Vines, which operates several Twin Cities floral shops, has designated Catholic Eldercare as the beneficiary from the sale of special floral arrangements purchased during November and December 2003 at Rosacker’s Stems and Vines.

Catholic Eldercare will receive \$8.50 from each sale of a \$20 Floral Gift Card, which may be redeemed for a lovely poinsettia or a fall/holiday centerpiece. The \$20 cost includes delivery within the Twin Cities metro area. The \$20 Floral Gift Cards may be purchased at Catholic Eldercare. Customers may then place their order through Rosacker’s Stems and Vines.

Proceeds from the collaboration will help support program activities that engage elders and help them live a fulfilling, spirit-centered life.

DEVELOPMENT CORNER

With Tom Cierzan, Vice President for Development

In the coming decades, an estimated \$41 trillion to \$126 trillion in wealth will be transferred from one generation to the next. It is a staggering estimate and much of that money will be donated to not-for-profit organizations.

Never in the history of our nation have so many individuals and families succeeded financially due to hard work, commitment to cause, and the support of those elders who went before them.

All of us have older persons who play or once played a significant role in our lives. They built our communities, raised families, defended our nation's values, and returned home to pass on their experience and wisdom to the next generations. They make us better.

Wealthy or not, we all have an opportunity to make a meaningful difference and to thank them in a very special way.

One way we can honor elders and their contributions is by doing all we can to help them create lives of dignity and fulfillment in the final years of their aging journey.

Catholic Eldercare depends upon the support of the community to provide quality housing and care for our elders because government reimbursements simply do not cover the rising cost of this vital work. For example, our Annual Fund makes possible meaningful programmatic activities that represent the very essence of Catholic Eldercare. The fund enables us to maintain higher staffing levels which translate into strengthened caregiver bonds and more individualized attention with elders. The annual fund supports our superb pastoral care program that helps enrich the lives of elders who need and want to express their spirituality, regardless of faith. The innovative Creativity & Spirituality Program helps elders adjust to life changes and discover new gifts. And, the Adult Day Program eases isolation and helps elders remain in their homes for as long as possible, offering them socialization opportunities and personal care.

These aspects of our care are possible because of the annual giving of many generous friends.

Our Capital Fund Drive is bringing donors together to support the construction of the new RiverVillage residences, and the planned renovation of the nursing home. These gifts will enable Catholic Eldercare to increase capacity and extend care to more people. The Capital Fund Drive includes endowments for pastoral care, staff training, and financial assistance for elders whose resources are depleted while they are living with us.

Also, Catholic Eldercare continues a strong collaboration with the Archdiocese of St. Paul and Minneapolis; parishes have requested that Catholic Eldercare assume the leadership role in developing neighborhood residences

and elder services. Funds dedicated to this parish collaboration will allow coverage of costs incurred prior to financing of a residence. Those funds would later be repaid with residence fees, ensuring this seed money will be available for other new projects.

Finally, estate planning and charitable giving enables individuals to meet their own financial needs while also making a lasting difference in the care of elders. Our Generations newsletter specifically addresses estate planning issues and provides instructive ideas and advice in each semi-annual issue.

Elsewhere in this newsletter you will read about three significant gifts Catholic Eldercare has received in recent months. These are among the largest gifts in the history of the organization and they represent a growing momentum of support. Day by day, our community is coming together, closing ranks around a shared goal—meeting the growing need for dignified, affordable elder housing and services for those who have gone before us. We owe them all that we can offer.

Tom Cierzan
Vice President for Development



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Mrs. Jean T. Lazeroff,
Cindy and Adrienne
Ms. Helen M. Meese
NCS Pearson
Theresa Peleska
HHSA-Residential Services
Mr. and Mrs. Ronald T. Poness
Mr. and Mrs. Samuel D. Pred
Mr. and Mrs. Michael Scherer
Mr. and Mrs. Bruce Shaffer
Mr. and Mrs. Dan J. Sharkey
Mr. and Mrs. Stephen F. Steele
Mr. and Mrs. Roy H. Warter

Lucy Sierzant

AFSCME Local 34
Mr. and Mrs. Butch Anderson
Mr. and Mrs. Greg Anderson
Mr. Jeff Anderson
Margaret Anderson
Marnie Anderson
Mrs. May E. Anderson
Mr. and Mrs. Tom Anderson
Ms. Audrey Cherry
Mr. and Mrs. Edward J. Duquette Sr.

Ms. Peggy Flakne
Mr. and Mrs. Robert Forsythe
Mr. and Mrs. Michael T. Giel
Mr. and Mrs. Merle Gjerde
Loretta Gliniany
Mr. and Mrs. David Godlewski
Paul Godlewski
Mr. and Mrs. Dennis Hanson
Mr. Douglas Heck
Mrs. Peg Ostman
Mr. Henry Hudoba
Mr. and Mrs. Louis Hudoba
Ms. Patricia A. Huff
Ms. Margaret
Prosnit Jacobs
Cel Jennewein
Ms. Karen Johnson
Timothy P. Killeen
Ms. Joyce A. Knutson
Ms. Helen Koness
Mrs. Harriert Korzenowski
Mrs. Lillian Lopata
Mr. and Mrs. Phil Lucey
Mr. and Mrs. Harold Madson
Mr. and Mrs. Matthew J. Mankey
Mrs. Bernadine K. Marx
Ms. Victoria Q. Navarro
Mr. and Mrs. Ken Neitzel
Mr. Orville C. Oberg
Mr. and Mrs. Michael E. O'Brien
Mrs. Dorothy Pasicznyk
Mr. and Mrs. Edward Pasnik
Mr. Clarence A. Petersen
Mr. and Mrs. Jim Petroske
Ms. Anne Puzak
Ms. Angeline E. Ripsin
Dr. John & Dolores Salchert
Mr. and Mrs. Richard Sarych
Ms. Teresa Sierzant
Ms. Angeline Singer
Mr. Mike Slinkard
Ms. Helen Smolka
Anna Stoltman
Candice & Tom Tobias
Ms. Mary Uden
Dr. and Mrs. Walter S. Warpeha Sr.
Ms. Melanie K. Weiss
Mr. and Mrs. Jack Whiteford
Ms. Michele Wolf
Mr. and Mrs. Donald Zierden

Stella & John Skorczewski

Mr. and Mrs. James M. Jensen

D.J. (Jim) Spartz

Ms. M. Patricia Probst

Deceased Members of St Anthony High School Class of 1938

Catherine and Mark Best

Viola Stallman

Dr. and Mrs. John E. Kauth

Clare Stankiewicz

Mrs. Mary Kalk

Lucas Steffl

Mr. and Mrs. Willard F. Miller

Ann Strauss

Mr. and Mrs. Leo Boucher
Mr. and Mrs.
Jerome Hartlaub
Mr. and Mrs.
Louis H. Hastert

Lois Styrbicki

Mr. and Mrs. Stan Fudro & Family

Walenty & Karoline Surowiec

Mary Senko

Susan Larkin's Grandma

Mr. and Mrs. Thomas Chlebeck

Ann Svoboda

Ms. Josephine Svoboda

Gladys Szewczyk

Ms. Valeria Szewczyk

Jane Szymcak

Mr. and Mrs. James L. Petron

Evelyn Tadensik

Mr. and Mrs. Stanley J. Kondziolka
Mr. and Mrs. James M. Michaelson
Ms. Shirley Skowronek

Susan Thomas

Bonnie L. Aanestad

Carolyne Vacek

Ms. Anne Puzak

Al Venneri

Mr. and Mrs. John W. Dady

Trinidad Villagomez

Mr. and Mrs. William Cragg

George Violette

Mrs. Fern A. Violette

Mary Lou Walsh

Catherine and Mark Best

Robert Watson

Mr. Eugene J. Lambert

Randal Wilcox

Ms. Elizabeth Wilcox

Edward Wojack

Mr. and Mrs. William J. Andersen
Ms. Kimberly Older-Bosley
Mr. Elliott Perpovich

Mary Anne Wojciak

Mr. and Mrs. Clarence J. Shallbetter

Hildegard Wright

Mr. and Mrs. John E. McCauley

Stanley Wruck

Ms. Patricia Bochet
Ms. Dolores H. Curtis
Mrs. Maxine McMorro

Elizabeth Zdon

Mr. and Mrs. Eugene J. Rafferty

Helen Zemlicka

Mr. and Mrs. Edward D. Zemlicka

Melvin Zoff

Zack Rose

Annual Fund In Honor of...

All Service Men & Women

Mr. John Piwoschuk and Members of the
Goldbricks Club

LaVerne Barton

Mr. Edgar G. Barton

Marcelline Beseler

Mr. and Mrs. Maurice E. Swenson

Dr. Don Blowers

Mr. and Mrs. Lloyd O. Schleicher

Mary Broderick

Ms. Sharon Brenny

Bill Jackson & Jackie Breher

Catholic Eldercare by Day

Ms. Shirley L. Nelson

Catholic Eldercare on Main Staff

Ms. Terri Fabel

Joseph Chlebeck

Mr. and Mrs. John J. Albert

Anonymous

Karen Chleback

Ann Chlebeck

Michelle Chlebeck

Helene Houle

Jim & Barb Juelich

Ted Dudek

Ms. Diane Smith

Clara Duede

Ms. Ione E. Pacyga

Jim & Virginia Engel's Anniversary

Ms. Evelyn Juettner

Veronica Fairley

Ms. Terri Fabel

Mr. and Mrs.

Timothy P. Fabel

Mr. and Mrs.

Vincent J. Fabel

Marquerite Green

Mr. and Mrs. Robert (Jim) Green

James Haggerty

Ms. Yvonne Manijak

Mabel Hartel

Mr. and Mrs. Thomas J. Eidem

Cecelia Indrehus

Mr. and Mrs. James B. Zellmer

Mr. and Mrs. LeRoy F. Piche

Veronica Indrehus

Dr. James Indrehus

Deacon Robert Kelly

Ms. Kristen Mueller

John Lenke

Mrs John Lenke

Fred Loxtercamp

Ms. Yvonne Manijak

Ray Nelson

Margie and Tim Mueleners

Pastoral Staff

Ms. Shirley L. Nelson

Father Reiser

Mr. Doug Breezee

Sr. Ruth Roland, OP

Sr. Bernadette Durand, OP

Marie Sazevich

Mary M. Halbert

Jean M. Sazevich

Tom and Margaret Scheller's

50th Anniversary

Mary & Frank Broderick

Mr. and Mrs. LeRoy F. Piche

Steve & Lucky Sopiavnik's 50th Anniversary

Mr. and Mrs. Norvin Swager

Stella Simco

Mr. and Mrs. Peter N. DiCarlo

Mr. and Mrs. Russ Kline

St. Anthony High School Class of 1938

Catherine and Mark Best

Donna Stelmaszewski

Ms. Mary M. Przybylka

Bernice Tripp

Ms. Donna J. Stelmaszewski

Renewing the Spirit Capital Fund Drive

Mrs. Jenifer Bendel-Artman

Mary & Frank Broderick

Catholic Aid Association

Thomas A. Cierzan

Br. Michael Collins, FSC, Ed D

Mr. and Mrs. Jimmy B. DuBay

Rev. Mary A. Forsberg and

Dr. Charles W. Forsberg

Mr. and Mrs. Peter J. Frantz

Mr. William J. Gabler

The Janice Gardner Foundation

Mr. Matthew A. Gayekpar

Jean and Bert Greener

Michael J. Henley & Randi S. N. Yoder

Phyllis Hupp

JV Fund of the Catholic Community

Foundation

Rev. Joseph Kivel

Ms. Mary Lou McWain

Northeast Bank

Mr. Charles Selcer

Jack and Elva Walker Spillane

Matching Gift Fund

Mr. and Mrs. Edward J. Szaflarski

Mr. and Mrs. Larry Walde

Mr. and Mrs. Jerome Williams

Ms. Elizabeth A. Wizik

Xcel Energy Foundation

Mr. and Mrs. Richard Zona

Renewing the Spirit Capital Fund Drive: In Honor of...

Joseph Chlebeck

Ramona M. Barrett

Helene Houle

Mary Broderick

Sr. Jo Wear, OP

Sr. Ruth Roland, OP

Sr. Jo Wear, OP

St. Hedwig's Church

In Memory of Father Theodore Guminga

Ann M. Buszta

Vickie Czupta

Rose Ann Dahl

Walter Dziedzic

Dale E. Gamache

Angeline Guminga

Frances Guminga

Joe D. Holewa

Audrey Murzyn

Planned Gifts

Anonymous

Donald G. Campagne Estate

Leo E. Rainville Estate

Lifelong Living Tours Open to Public

Catholic Eldercare conducts monthly Celebrating Lifelong Living Tours. These one-hour tours are designed to familiarize individuals, families and community leaders with Catholic Eldercare's mission, programs, and ongoing needs. The tours, which are open to the public, are conducted in a style designed to educate our guests and inspire them to become more involved with Catholic Eldercare. For more information on scheduling a tour for yourself, your family, or a group, please call Robin Haenze at 612-379-1370.

Catholic Eldercare Video Available for Public Viewing

A new informational video about Catholic Eldercare's quality services and innovative programs was premiered at the September fundraising event.

The ten minute video, which was written and produced by John Wingate of Wingate Communications Group, tells Catholic Eldercare's story in a powerful, compelling way through the personal stories of elders and their loved ones. To check out a copy for a group or family showing, please contact Robin Haenze at 612-379-1370.

Volunteer Wins Service Award

Catholic Eldercare volunteer Tom Dvorak has been named Volunteer of the Year 2003 by the Minnesota Statewide Activity Professionals (MnSWAP), an organization dedicated to enhancing lives through service.

"Through the many supporting letters...it is very apparent that both residents and staff at Catholic Eldercare think very highly of you. Thank you for your dedication," wrote Dawn Giese, MnSWAP vice president, in a letter to Tom.

A retired Northeast Minneapolis postal worker, Tom spends nearly 30 hours each week volunteering at Catholic Eldercare. He started volunteering in August

2001 after retiring from the Eastside postal station. "My mother (Delores) volunteers here two days a week and she loves it, so I decided to see what it was all about," he said.

Every weekday morning, Tom helps transport residents to the dining room or physical therapy. "I just love the work. I'm grateful for the opportunity to do it."

Tom is a Vietnam War veteran who sustained a leg injury in battle, yet he walks miles in the bustling hallways of the nursing home each week. "People appreciate having someone to help them. And they know that I understand their needs," Tom said.

Tom says he volunteers because the residents enjoy seeing a familiar face, having someone to help and understand their needs and wants. "You talk with the residents, while wheeling them down the hall, and they share their thoughts with you," Tom says. "A volunteer is someone who is interested, someone who listens and cares. It's an honor to volunteer here."

"We are so grateful for Tom's volunteerism. We congratulate him for being recognized for his dedication to Catholic Eldercare," said Trish Flannigan, volunteer coordinator. "Catholic Eldercare benefits from the selfless giving of our 200 volunteers throughout the year. They help us to be better," she added.



Tom Dvorak, who devotes many hours each week to assist his elder friends, is recognized for his dedication to the volunteer programs



CATHOLIC ELDERCARE

817 Main Street NE
Minneapolis, MN 55413

Website: www.catholiceldercare.org

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