

## *Celebrating Lifelong Living Luncheon* Raises Over \$350,000 to Support Quality Programs and Care

### **Morrison Family Commits \$250,000 Matching Gift**

More than 560 friends of Catholic Eldercare attended the third annual *Celebrating Lifelong Living Luncheon* held September 15 at the Earle Brown Center. Guests attending the inspiring event pledged more than \$350,000 to help support Eldercare's engaging programs, higher staffing levels and quality care.

"This year's event was the most successful ever," said Tom Cierzan, vice president for development. "We are so grateful for the friends we have in the community."

John and Susan Morrison pledged a five-to-one match on the first \$50,000 in gifts and pledges, which raised \$300,000.

The Morrises are long-time friends of President and CEO Mary Broderick and cofounder and board member Al Hofstede. "Catholic Eldercare has a great team and we admire what's being done there," Sue Morrison said. "I've always had a soft spot in my heart for elders so we got involved because there is such a growing need for quality senior housing and engaging programs. We want to help, and Catholic Eldercare is doing all the right things," she added.

### **Matching Gift**

The Morrison family's \$250,000 commitment represents a growing, close relationship with Catholic Eldercare and its mission to serve older members of the community. "We are so appreciative of the Morrison's generous matching gift," said President and CEO Mary Broderick. "These friends recognize the specialness of Catholic Eldercare and our collective responsibility on behalf of the older adults in our lives."

Program participants included new Eldercare Board Chair Bill Hedrick, M.D., President and CEO Mary Broderick, Cofounder Sister Ruth Roland, and Jack Spillane, a Minneapolis business leader and long-time Eldercare supporter.

During his presentation, Spillane spoke warmly of his late wife Elva Walker Spillane, a national advocate on aging issues, who advised several U.S. presidents, and was instrumental in creation of the Older Americans Act. "Elva would be so pleased with what is happening at Eldercare, and my family is honored to continue her legacy by supporting Catholic Eldercare's mission," Jack told the audience. "In the past two years we have given a total of \$160,000 in gifts because we believe, as Elva did, that this organization has the vital model our community needs to support its elders in the later years of life."

The next *Celebrating Lifelong Living Luncheon* is scheduled for Thursday, September 21, 2006. Mark your calendar! For more information or to serve as a table host, please call Kris Smyth at 612-379-1370.

**A special thanks to the following program sponsors for helping make the fall luncheon a success.**

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### **In this issue:**

Fall Luncheon a success

Meet new board chair William Hedrick, M.D.

Family honors mother and elders with art show

Eldercare's Neighborhood Connections



*More than 560 supporters attended the fall luncheon*



*Sue Morrison and Mary Broderick*



*Dedicated table hosts made the 2005 luncheon the best attended to date.*

## Meet Bill Hedrick, M.D., New Board Chair

Bill Hedrick, M.D. spent 40 years as an oncology internist in Minneapolis, bringing alive his deeply held commitment to healing, helping thousands of patients during those busy years.

These days Hedrick is retired, volunteering his time and talents, visiting his five children, riding his bike, doing lots of reading, and enjoying with his wife a University of St. Thomas course in global affairs.

Much of that 'time and talents' commitment includes being the new chair of the Catholic Eldercare board of directors.

Now that he's enjoying the leisure of his retirement, Hedrick is busier than ever.

He joined the Eldercare board two years ago, welcoming the opportunity for community service. I'd always heard good things about Catholic Eldercare," Hedrick says. "I knew Bob Hannah and Al Hofstede [both co-founders] and I was here regularly to see patients in the nursing home. I was always impressed with the cleanliness and the kind atmosphere. It's a gentle place."

Hedrick has always resonated with the notion of neighborhood senior residences. He says Catholic Eldercare captures the idea beautifully by creating an engaging culture of living that is possible anywhere, with wonderful esprit de corp enjoyed by all.

"People want to be around family and friends, and the neighborhood, as they age. "Northeast is like a small town. Everyone knows each other, staff and residents. The cohesiveness is really something to see. And the assisted-living aspect helps people to live as independently as possible, for as long as they can. People *thrive* here," he says with emphasis.

Catholic Eldercare's model for lifelong living, Hedrick says, is a wonderful template to share with the wider community. "The innovations in home care, with doctor house calls, are significant for seniors," he says. "It's important for patients to have a voice in their care and to have ready access to services. For older adults, a hospital stay, where they can be exposed to other things, may not always be such a great idea."

As a physician Hedrick says he and his partners always believed in seeing their patients face to face, and listening. "If you can talk to someone you can usually identify what the problem is, without many tests. In a doctor's office, the visit may be less than ten minutes."

Hedrick says he's enjoying his board chairmanship. "There is a purpose to the work and we're seeing results. We need to keep the ball rolling; we're providing an engaging home with loving people who have given their all to Eldercare ever since its founding."

As with medicine, Hedrick sees his board leadership as a personal and civic obligation in the spirit of Christian service. "Nobody likes to be alone. People are people; they all want to be treated with kindness and respect."

*Bill Hedrick, M.D. also serves on the board of directors for St. Therese Southwest in Hopkins where Catholic Eldercare staff provide the home health care.*



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# Eldercare Enhances Donor Resources

Catholic Eldercare has developed a new planned giving e-newsletter, **ElderConnect**, that will be available to supporters via email four times a year.

The new e-letter offers helpful information about a variety of planned giving options and resources.

If you would like to receive the periodic e-newsletter, send an email to Sandi Westberg at [swestberg@catholiceldercare.org](mailto:swestberg@catholiceldercare.org). Please type 'Subscribe E-letter' in the subject line.

## Website Resources

The Catholic Eldercare website, [www.catholiceldercare.org](http://www.catholiceldercare.org), includes comprehensive information that can help individuals explore and consider various giving options, including the annual fund, planned giving, and the *Renewing the Spirit Capital Fund Drive*.

Website visitors can click on **GIVING** to explore the latest, updated donor content.

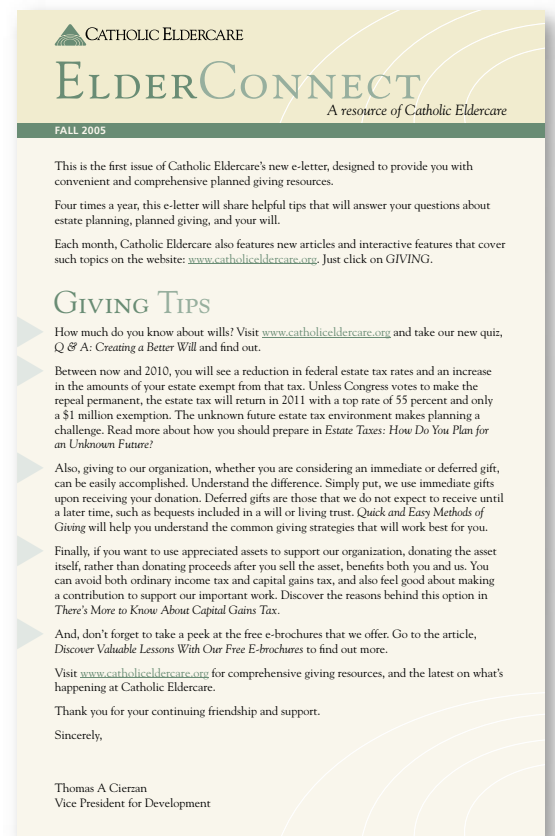
**Ways to give** Discover which type of gift is right for you. Whether you want to reduce tax liability or benefit from an increased income stream, there are gift options for every objective.

**Gift calculator** The gift calculator allows you to develop "what if" scenarios to help determine the right gift amount for you. Try different options to see how a gift annuity might work for you.

**Essentials and glossary of terms** Planned giving doesn't have to be confusing. The new donor resources help you begin down your planned giving path, informing you about living trusts, the power of attorney, and creating a will. The glossary of terms will make legal terms easy to understand.

**Reading room** Articles on topics such as annuity trusts to wills and estate planning are available on the enhanced website. These contain in-depth information on a broad range of gift planning topics.

*For more information on giving options, please contact Vice President for Development Tom Cierzan at 612-379-1370.*



1. Go to [www.catholiceldercare.org](http://www.catholiceldercare.org).
2. Click on "Giving."
3. Select from a comprehensive list of resources on the left side of the page.

# Resident's Daughters, Elders Create Art Exhibit to Honor Stella Simco and Celebrate Life

Catholic Eldercare resident Stella Simco touched a lot of lives during her full, rich life that began in 1914. She raised three engaging and involved daughters, supported the war effort during the 1940s by working at Honeywell, and created many beautiful jewelry and gem creations. She was a people person, always thinking of others.

Stella was also an artist with needle and thread. She made most of the childhood clothing for daughters Beverly Bachman, Bonnie Kline, and Terri DiCarlo, all three now volunteers at Catholic Eldercare. "Mother made communion dresses for all the girls in my fourth grade class. She wanted everyone to feel special. She was very open and good-hearted," Beverly says.

Stella died last June, ending a two-and-a-half year residency at Catholic Eldercare. Her family says it was a peaceful, dignified time. "We think [Catholic Eldercare] is the Cadillac of nursing homes," Bonnie says. "She was surrounded by family and friends in Northeast, which is where she grew up. She spoke Polish with the staff and residents, attended St. Anthony of Padua church. Everyone here is like family to us," she adds. "This place has a heart."



Bonnie Kline, left, and Beverly Bachman with the collage created by Bonnie for their mother, Stella Simco.

## Honoring Mother, Honoring Elders

Just before Stella died, she participated in an art class where daughter Bonnie was teaching elders how to create memory collages. The collages feature old and contemporary photographs of the elders and their families. Beverly helped capture stories about the elders and their impressions about their artistic creations.

Stella had participated in just one class prior to her death. To honor her and to bring recognition to the other elder artists, an art exhibit, *Memories: Our Stories in Collage*, was created by the family at MainStreet Lodge.

The collage classes and art show were a real family affair involving Stella's three daughters, grandchildren, and Beverly's husband John Bachman.

"Through the exhibit, we hope to give back a small portion of the care, love and joy that the residents and staff at Catholic Eldercare gave to our mom and to us," says Beverly.

*"Through the exhibit, we hope to give back a small portion of the care, love and joy that the residents and staff at Catholic Eldercare gave to our mom and to us."*

Beverly Bachman

## Elder Collages Share History, Honor Life

Resident Fran Settera is one of nine Eldercare residents who created art for the *Memories: Our Stories in Collage* exhibit. Fran's collage includes a wedding photograph of her and husband, Frank, circa 1940, and photos of their children. In her history prose, which accompanies the collage, Fran says:

*"I met my husband through a friend of mine. He worked nights at the East Hennepin Cafe. Frank and I were married October 12, 1940. I was wearing the dress from my girlfriend's wedding. He was a cook...[and] I was a homemaker. Thomas John was born in 1941. He was always buying me flowers. He was a thoughtful boy. The baby picture was our daughter Jean Ann. We thought she was adorable. She took piano lessons and accordion lessons. I did a lot of embroidery and my daughter has the quilts."*

When she completed her collage art, Fran said, "I can't believe I did this picture. I can't wait to show my sister Florence."

The other participating artists are Ellen Schneider, Marcy Beseler, James Kellen, Stan Muskala, Doris Lesinski, Jeanne Campbell, Eva Hain, and Bets Ruffenach.

A special thanks to Eldercare staff members Peggy Thompson, Stephanie Jones, Gwen Anderson, the Recreation Therapy staff, and volunteer Shirley Graczyk.



# GENEROUS FRIENDS

The excellent care and services Catholic Eldercare brings to the community's elders is possible through the generosity of many supporters. We acknowledge their friendship, support, and ongoing commitment.

These gifts represent gifts and pledges from May 1, 2005 through September 30, 2005.

Every effort is made to ensure accuracy.

If you see an error or omission, please contact the Office of Development at (612) 379-1370.

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# Community Involvement

## Eldercare Residents and Staff Partner for Habitat for Humanity Project

On a beautiful June morning, the aromas of fresh lumber and strong coffee hang in the air as an enthusiastic group of Eldercare staff tackle new assignments for the day, helping build two Habitat for Humanity houses in Northeast Minneapolis.

Fifteen staff members took personal vacation time to come together with the Northeast Ministerial Association and Habitat for Humanity to help build the houses for Somali and Ethiopian families new to the community.

Mary Robinson, Catholic Eldercare's Parish and Community Outreach Coordinator, says the work reflects Eldercare's values. "We're helping provide affordable housing which we believe in and support," she says. "We also recognize our role in the community to participate and help build bridges, creating a welcoming, harmonious climate, and that's a good thing."

Catholic Eldercare's residents contributed cookies for the workers' lunches and two quilts given as gifts to the residents of the two new homes (see adjacent article).

Todd Guse, who is a physical therapy assistant at Catholic Eldercare, donned a t-shirt and ball cap to pitch in and help. "I tinker on my own house so I see this as an opportunity to give to the community and maybe learn a thing or two while I'm at it."

Dining Services Director Jenny Pantaleo and Mari Folwick, a member of the kitchen staff, picked up paint brushes and helped stain the front porch. "I thought this would be really fun, and the whole staff loved the idea of coming out here and doing something nice for someone," Jenny said. "We have so many giving people who volunteer at Catholic Eldercare, it's our turn to volunteer now."

"I've always wanted to help build a house," Mari adds with a grin.

The two homes are now occupied by new immigrants who have discovered that America is full of generous, giving people of all ages.



*Rob Halak, Todd Guse and Mike Williams were among 15 Eldercare staff who volunteered to help build homes for Ethiopian and Somali immigrants in Northeast Minneapolis.*



*Jenny Pantaleo, left, and Mari Folwick tackle staining the front porch.*

*Catholic Eldercare's team of builders and helpers included Jenny Pantaleo, Sue Grant, Amanda Folwick, Janell Mahoney, Mari Folwick, Carrie Zuehlke, Dave Wiedmeyer, Dave Jakubik, Todd Guse, Rob Halak, and Mike Williams.*



*Mary Robinson, Parish and Community Outreach Coordinator, is shown here with two members of a grateful Somali family.*

# Elders Make Quilts for Immigrant Families

A group of Catholic Eldercare residents, volunteers, and staff created two quilts which were presented to the Ethiopian and Somali families who will occupy the Habitat for Humanity homes in Northeast Minneapolis.

“The community is like these big, colorful, patchwork quilts,” says President and CEO Mary Broderick, referencing the quilts made by elders for the new homeowners. “Catholic Eldercare’s residents, staff and volunteers like being one of those patches.”

Genet Maulatu from Ethiopia said she, husband Tewodros (Teddy) Awadu, and their three children, have been touched by the kindness and generosity of their Northeast friends. “We love America and are overwhelmed by the kindness of these friends,” she said, eyes brimming with tears.

Another quilt was presented September 8 to Khadra Hassan and her family, who are from Somalia.

*The beautiful quilts were crafted by residents Jeanne Campbell, Elizabeth Nickerson, Bonnie Mastrian, Ellen Schneider, Amy Haider, Eleanor Kattner, Pauline King, Eva Hain, Dorothy Thorberg, Bernice Mateyka, Marion LaVigne, Bets Ruffenach, Rose Bialon, volunteer Phyllis Hupp, and staff members Sandi Westberg, Edna Grigsby, Beth Wizik, Ruth O’Brien, Leone Williams, DiAnn Akerman, Jan Mattson, Mary Robinson, Jennifer Bendel-Artmann and Marilyn Brown.*



*A group of Eldercare residents show off one of the quilts they helped create for immigrant families new to Northeast Minneapolis.*



*This Ethiopian family was deeply moved by Catholic Eldercare’s generosity.*

# Comfort, Family, and a Lot of Gratitude

Long-time Northeast resident Mick Maxey is grateful his mother Evelyn is living at Catholic Eldercare. “She likes it here, and the staff is just wonderful. In fact, she’s gotten better since she came here a year ago, because she’s getting great meals and taking her meds on schedule,” he says.

Mick expressed his gratitude by being a table host for the fall *Celebrating Lifelong Living Luncheon* which raised more than \$350,000 to support Eldercare’s programs. “The luncheon was a great event. I brought family and friends and they all were very impressed with Catholic Eldercare.”

## Always Something to Do

Late September. It’s Pickle Day at Catholic Eldercare, and resident Evelyn Maxey joins the other elders in the atrium, donning cardboard pickle hats and enjoying a few of the tart veggies as a snack.

“Mom used to can vegetables,” says Mick, one of Evelyn’s ten children. “And she could make a pound of hamburger really go a long way,” He says, smiling at the memories of their 12-person household. The family’s lived in Northeast for more than 50 years and Evelyn is grateful to be close to family, friends, and all the old haunts. “At one time there were 60 kids living on our block. There were ten of us kids in our family, and three other families had more kids than we did,” he laughs. “Mom knows *a lot* of people around here.”

For the Maxeys, family and community remain important. “Our Lady of Lourdes was the family’s school and parish, and we all [the siblings] take turns visiting mother and bringing her home for visits on the weekends,” says Mick.

Evelyn came to Catholic Eldercare on Main after struggling to live independently at home. After three cancer surgeries and a diagnosis of Parkinson’s Disease, she’s now wheelchair-bound. “She enjoys bingo and the other activities. And she feels very safe and secure here. It’s been a blessing to have mom at Eldercare.”



*Evelyn and Mick Maxey*

*“...she feels very safe and secure here. It’s been a blessing to have mom at Eldercare.”*

# First *Noon Time Out* Event A Hit in Northeast

Balloons, picnic foods, information and fellowship highlighted the first annual *Noon Time Out* event August 2 at the RiverVillage campus in Northeast Minneapolis.

This new collaborative event was launched with support from Concerned Citizens of Marshall Terrace, Catholic Eldercare's RiverVillage senior campus, Park Printing and Xcel Energy.

*Noon Time Out* is designed to strengthen the community life of Northeast by bringing together business owners and employees in the Marshall Terrace neighborhood. Members of the Marshall Terrace business community, employers and employees came to RiverVillage for a complimentary lunch and informal networking. Visitors met employees of area businesses and took a tour of the RiverVillage assisted-living residence.

"The idea for *Noon Time Out* built upon the visibility surrounding the annual *National Night Out* neighborhood safety event which was held on the same day," says Sue Sigurdson, president of the neighborhood group Concerned Citizens of Marshall Terrace. "*Noon Time Out* offers employers and employees an opportunity to meet their neighbors, do a little networking, and discover ways to become an even more vital part of the neighborhood."

"We are all kinds of people, of all ages; a community that is living together, and everyone brings something to offer. It is in our diversity that the richness of community is found," said Sue Shasky, RiverVillage marketing director.

"People see that RiverVillage is a fun, interesting, life-giving, hopeful place to be. We're part of the broader community, and if we can serve as a catalyst to bring people closer together, get to know each other better, that's part of being a good neighbor," Shasky added.

Joe Biernat of Park Printing brought the seed of an idea for the event to Catholic Eldercare and the Marshall Terrace neighborhood group. "It's absolutely essential that we communicate in the neighborhood, and events like this make that possible," Biernat said. "We get together, get to know one another so we're not reactive but proactive in dealing with all kinds of issues and opportunities that may develop."

Biernat says RiverVillage has done a wonderful job of reaching out to the community. "RiverVillage has been a tremendous asset for the neighborhood, and the neighborhood has opened up its arms and accepted RiverVillage. It's been a great team effort," Biernat said.

Sigurdson agrees. "RiverVillage is great for us; we hold our community meetings here. It's a wonderful place and we're hoping to get more RiverVillage residents to attend our meetings and become even more involved in the neighborhood."



# Genealogy of Jesus art print on display at Catholic Eldercare

Catholic Eldercare has acquired a lovely print of the illumination of the genealogy of Jesus from the St. John's Bible project at St. John's University in Collegeville, Minnesota.

The genealogy of Jesus is the frontispiece to Matthew's Gospel and was the page which launched the entire St. John's Bible project.

The genealogy is listed on the Menorah, as Jesus' ancestry is Jewish. The base of the Menorah shows Abraham as the father of Judaism, Islam, and Christianity. The Menorah becomes the tree of life. At the branching point of the menorah is a springing point, a circle; the core from which all life comes. The circle imagery comes from sources from across the world, especially the Native American and Buddhist traditions, as well as the Mandela, which is the symbol of wholeness.

Donald Jackson, the artist, says this illumination helps us consider the idea that we are part of a family of all people.

*Peggy Thompson, Director of Pastoral Care, admires the St. John's print.*



The print will become part of the Catholic Eldercare permanent collection. It will hang in each of the facilities so that everyone will have an opportunity to view it, and then be permanently installed outside the second floor chapel at Catholic Eldercare on Main.



## Corpus Christi Procession Unites Northeast

A well-attended Corpus Christi procession involving an estimated 500 people moved through Northeast Minneapolis on a June weekend, as participants visited the various Catholic parishes on foot during the nearly three hour event.

"It was a beautiful experience to see Northeast's Catholic community, including Catholic Eldercare, coming together across parish boundaries," said Catholic Eldercare President and CEO Mary Broderick.

*An estimated 500 participants visited the Catholic churches in Northeast as part of the June Corpus Christi Procession.*

Eldercare cofounder, Sister Ruth Roland, Catholic Eldercare residents Jim Kellen and Stan Muskala, and staff member Gladys Mba were among those who participated in the walk. Jim said he appreciated singing in different languages, as well as the rich ethnic heritage of the community and the various architectural styles at St. Marons, St. Cyrils, St. Boniface, and St. Anthony of Padua churches.

Sister Ruth Roland says the procession was a wonderful experience. "I was completely surprised at the number who participated, and the diversity among them. It was great to see folks from all the different parishes joining in the celebration, including all of the pastors. It was an inter-generational experience, and hopefully the first of many such experiences."

Students from DeLaSalle High School and John Paul II School collaborated with residents of Catholic Eldercare on Main to create a wall hanging depicting the significance of the Eucharist to them.

# HERITAGE WEEK

## Diversity Celebrated

Catholic Eldercare celebrated its diverse community of staff, residents, and volunteers during August's *Heritage Celebration Week*. During the grand march, staff and their children modeled clothing that represented their cultures of origin.

Participants enjoyed foods from various nations. A significant percentage of Catholic Eldercare's staff is comprised of Native Americans and new Americans originally from Ghana, Liberia, Cameroon, Ethiopia, Guinea, Somalia, Ukraine, India, and Russia.

"We are so fortunate to have a staff that honors and reveres elders," said nursing home administrator Kim King. "This translates to respect, patience, and compassionate care for the residents," she added.



*An Eldercare resident enjoys Ethiopian cuisine at a luncheon during Heritage Celebration Week.*

# UPCOMING EVENTS

## DECEMBER

Minnesota Sinfonia concert, December 1, 1:30 p.m.  
St. Anthony of Padua Church  
Free and open to the public  
Funded by the Janice Gardner Foundation

## SEPTEMBER, 2006

Fourth annual *Celebrating Lifelong Living Luncheon*,  
Thursday September 21, 2006,  
Earle Brown Center in Brooklyn Center.

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